



**SWANSON**  
PREMIUM BRAND  
*bringing wellness to the world since 1969*

# Shiitake Mushroom

Herbal Supplement



60 capsules • 500 mg

• DO NOT USE IF SEAL IS BROKEN. • STORE IN A COOL, DRY PLACE.  
• KEEP OUT OF REACH OF CHILDREN.

## SUGGESTED USE:

As a dietary supplement, take two capsules per day with water.

**WARNING:** Do not take this product if you are pregnant or nursing.

## Supplement Facts

Serving Size 2 Capsules  
Servings Per Container 30

| Amount Per Serving                                    |  |
|-------------------------------------------------------|--|
| Shiitake mushroom (Lentinus edodes) (fruit tops) 1 g* |  |
| *Daily Value not established.                         |  |

Other ingredients: Gelatin, may contain one or more of the following: microcrystalline cellulose (plant fiber), magnesium stearate, silica.

DISTRIBUTED BY **SWANSON HEALTH PRODUCTS**

Fargo, ND 58104 USA

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