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Best by:



Directions: Adults take one (1) to two (2) capsules daily, preferably before or between meals. Do not exceed recommended dose. As a reminder, discuss the supplements and medications that you take with your health care providers.

Lot No:

Supplement Facts

Serving Size 2 capsules
Servings Per Container 15

Amount Per Serving	% Daily Value
Thiamin (vitamin B1) (as thiamine HCl, thiamine cocarboxylase chloride)	50 mg 3,333%
Riboflavin (vitamin B2) (as riboflavin, riboflavin 5' phosphate)	50 mg 2,941%
Niacin (as inositol hexaniacinate)	100 mg 500%
Vitamin B6 (as pyridoxine hydrochloride, 80 mg pyridoxal 5' phosphate, pyridoxine alpha-ketoglutarate hydrochloride)	80 mg 4,000%
Folate (as (6S)-5-Methyltetrahydrofolate-glucosamine salt)	400 mcg 100%
Vitamin B12 (as albacouride, methylcobalamin)	500 mcg 8,333%
Biotin (as d-Biotin)	200 mcg 67%
Pantothenic Acid (as panthethine, calcium D-pantothenate)	50 mg 500%
Inositol (from 130 mg inositol hexanicolal)	27 mg *
Phosphatidylcholine (from sunflower lecithin)	36 mg *
PABA (para-aminobenzoic acid)	50 mg *
alpha-Lipoic Acid	100 mcg *

* Daily Value not established.

Other Ingredients: Cellulose, cellulose (capsule shell), silica, rice bran extract, vegetable glaze, sunflower oil.

Quatrefolic® is a registered trademark of Gnosis, SpA. Covered by one or more claims of U.S. Patent # 7,947,652 CAS# 1181972-37-1

CAUTION: If you are pregnant, nursing, or taking medication, have a medical condition or planning surgery, consult a doctor before using this product. Stop using and consult a doctor if any adverse reactions occur.

Do not accept if seal is broken. Store in a dry place between 59°-86° F. Keep out of the reach of children.

Manufactured by Country Life, LLC
180 Vanderbilt Motor Parkway, Hauppauge, NY 11788 (USA)
CountryLifeVitamins.com
Product No. 6417

Coenzyme B-Complex contains essential B Vitamins in its active, "coenzymated" form. This complex that you've known and loved for over 15 years includes Methylfolate (Quatrefolic®) – the most advanced form currently available. And as always, you don't need to worry about the typical Vitamin B taste or odor. This product has been manufactured at a GMP Registered facility.



YES CERTIFIED GLUTEN-FREE BY GFCO.ORG
YES CERTIFIED VEGAN BY THE AVA
YES RECYCLABLE PACKAGING
YES MANUFACTURING SUPPORTS WIND POWER
YES KOSHER

NO YEAST, WHEAT OR SOY
NO MILK, SUGAR OR PRESERVATIVES
NO ARTIFICIAL COLORS, FLAVORS OR SWEETENERS
NO MAGNESIUM STEARATE

Certified



Cooperation

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** This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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COENZYME B-COMPLEX CAPS

Certified Gluten-Free

- With (6S)-5-Methyltetrahydrofolate
- Supports Energy**

Dietary
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30 Vegan
Capsules

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