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DO NOT ACCEPT IF LABEL
SHOWS SIGNS OF TAMPERING

SUGGESTED USE: Mix 1 scoop (14.83 grams) in 8 oz of water or juice and drink immediately 1 - 2 times daily or as recommended by your health care professional. Formulated to be free of allergens derived from: Gluten, yeast, artificial colors and flavors. If you are pregnant or nursing, consult your physician before taking this product. As with all dietary supplements, some individuals may not tolerate or may be allergic to the ingredients used. Please read the ingredient panel carefully prior to ingestion. Cease taking this product and consult your physician if you have negative reactions upon ingestion. **CAUTION:** Without drinking enough liquid, this product may swell in throat, causing blockage or choking. **DO NOT** use if you have ever had esophageal narrowing or swallowing difficulties. Seek immediate medical help if symptoms of esophageal blockage (chest pain/pressure, regurgitation or difficulty swallowing) occur. May cause allergic reaction in persons sensitive to inhaled or ingested Psyllium. **KEEP CONTAINER TIGHTLY CLOSED. STORE AT ROOM TEMPERATURE. KEEP OUT OF REACH OF CHILDREN.** This product was sealed for your protection. Do not use if outer taped neck seal or inner-seal is missing or damaged.

† This statement has not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.



Fiber Plus

POWDER


GASTROINTESTINAL
HEALTH

Net WL 445 Grams (15.7 oz)
Dietary Supplement

Supplement Facts		
Serving Size 1 Scoop (14.83 Grams) Servings Per Container 30		
	Amount Per Serving	% Daily Value
1 scoop contains		
Calories	60	
Total Carbohydrate	12 g	4%
Dietary Fiber	9 g	30%
Soluble Fiber	5 g	
Sugars	3 g	**
Protein	0.5 g	
Calcium	30 mg	3%
Iron	1.5 mg	6%
Proprietary Blend	13.73 g	
Psyllium Husk Powder (Organic)		**
Whole Grain Brown Rice Sweetener (Organic Crystal*)		**
Psyllium Seed Powder		**
Rice Bran		**
Apple Pectin		**
Fig		**
Prune		**

* Percent Daily Values are based on a 2,000-calorie diet.

** Daily Value not established

Other Ingredients: Natural Apple Cinnamon Flavor (frag. free), Silicon-Dioxide, and Stevia Leaf Extract. Organic Crystal™ Whole Grain Brown Rice Sweetener is a trademark of Azum Foods.