



SWANSON[®]
PREMIUM BRAND
bringing wellness to the world since 1969

B-12
Sublingual
Liquid
Vitamin Supplement

2 fl oz (59 ml)



- DO NOT USE IF SEAL IS BROKEN.
- KEEP OUT OF REACH OF CHILDREN.
- STORE IN A COOL, DRY PLACE.

SUGGESTED USE: As a dietary supplement, take one dropperful per day, preferably with a meal. Hold the solution under the tongue for 30 seconds before swallowing. Shake well before use. Refrigerate after opening.

Supplement Facts

Serving Size 1 Dropper (approximately 0.8 ml)
Servings Per Container 73

Amount Per Serving	% Daily Value
Vitamin B-12 (as cyanocobalamin)	1,000 mcg 41,667%

Other ingredients: Vegetable glycerin, purified water, natural flavors (strawberry, vanilla), citric acid, absorption complex [ginger rhizome (Zingiber officinale), amla fruit (Embolica officinalis), capsicum fruit (Capsicum frutescens)], potassium sorbate, tocopheryl acetate (vitamin E), vitamin E from soybean oil.

DISTRIBUTED BY **SWANSON HEALTH PRODUCTS**

Fargo, ND 58104 USA

TO REORDER, CALL TOLL FREE **1-800-437-4148**
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