



SWANSON[®]
PREMIUM BRAND
bringing wellness to the world since 1969

Full Spectrum[®]
**Mint
& Dill**
Herbal Supplement

Gastrointestinal Health*

90 capsules



*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

• DO NOT USE IF SEAL IS BROKEN. • STORE IN A COOL, DRY PLACE.
• KEEP OUT OF REACH OF CHILDREN.

SUGGESTED USE:

As a dietary supplement, take one capsule after each meal as needed.

WARNING: Do not take this product if you are pregnant or nursing or if you have gallbladder problems or a liver disorder.

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving

Peppermint (leaf)

250 mg**

Dill (seed)

250 mg**

**Daily Value not established.

Other ingredients: Gelatin, may contain one or both of the following: magnesium stearate, silica.

DISTRIBUTED BY SWANSON HEALTH PRODUCTS

Fargo, ND 58104 USA

TO REORDER, CALL TOLL FREE 1-800-437-4148

or visit our website at www.swansonvitamins.com



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