

## The Perfect Multivitamin

Vita-Lea is a high potency formulation designed to promote:

- Heart health
- Bone health
- Immune health
- Physical energy

## 23 Essential Vitamins and Minerals

Each serving delivers 100% or more of the Daily Value of all vitamins, including twice the Daily Value of vitamins C, D, and E—plus more beta carotene for increased antioxidant protection.

## Based on 7 Clinicals

Vita-Lea features a patented microcoating system to enhance absorption of folic acid.

Gluten free. No artificial flavors, sweeteners, colors, or preservatives added. Contains vitamin K.

Bottle has printed seal under cap for your protection.

U.S. Patent No. 6,465,013

NG441A



## HIGH POTENCY MULTIVITAMIN & MULTIMINERAL

Based on  
7 Clinical  
Studies

## SCIENTIFICALLY ADVANCED VITA-LEA® WITHOUT IRON FORMULA

240 TABLETS

DIETARY SUPPLEMENT



DIRECTIONS: Take 2 tablets daily.

## Supplement Facts

Serving Size: 2 Tablets

Servings Per Container: 120

|                                                                                              | Amount Per Serving | % DV |                                                   | Amount Per Serving | % DV |
|----------------------------------------------------------------------------------------------|--------------------|------|---------------------------------------------------|--------------------|------|
| Total Carbohydrate                                                                           | <1 g               | <1%* | Iodine (as potassium iodide and sea kelp)         | 150 mcg            | 100% |
| Vitamin A (70% as beta carotene from <i>Blakeslea trispora</i> and 30% as vitamin A acetate) | 5,000 IU           | 100% | Magnesium (as magnesium oxide)                    | 225 mg             | 56%  |
| Vitamin C (as ascorbic acid)                                                                 | 120 mg             | 200% | Zinc (as zinc gluconate)                          | 15 mg              | 100% |
| Vitamin D <sub>3</sub> (as cholecalciferol)                                                  | 800 IU             | 200% | Selenium (as trace mineral protein hydrolysate)   | 70 mcg             | 100% |
| Vitamin E (as d-alpha-tocopheryl succinate and mixed tocopherols)                            | 60 IU              | 200% | Copper (as copper gluconate)                      | 1 mg               | 50%  |
| Vitamin K (as phytonadione)                                                                  | 100 mcg            | 125% | Manganese (as manganese gluconate)                | 2 mg               | 100% |
| Thiamin (as thiamine mononitrate)                                                            | 1.5 mg             | 100% | Chromium (as trace mineral protein hydrolysate)   | 120 mcg            | 100% |
| Riboflavin                                                                                   | 1.7 mg             | 100% | Molybdenum (as trace mineral protein hydrolysate) | 75 mcg             | 100% |
| Niacin (as niacinamide)                                                                      | 20 mg              | 100% | Sodium                                            | 5 mg               | <1%  |
| Vitamin B <sub>6</sub> (as pyridoxine hydrochloride)                                         | 2 mg               | 100% | Nickel (as trace mineral protein hydrolysate)     | 15 mcg             | †    |
| Folate (as folic acid)                                                                       | 400 mcg            | 100% | Tin (as trace mineral protein hydrolysate)        | 10 mcg             | †    |
| Vitamin B <sub>12</sub> (as cyanocobalamin)                                                  | 6 mcg              | 100% | Vanadium (as trace mineral protein hydrolysate)   | 20 mcg             | †    |
| Biotin (as d-biotin)                                                                         | 300 mcg            | 100% | Boron (as trace mineral protein hydrolysate)      | 1 mg               | †    |
| Pantothenic Acid (as d-calcium pantothenate)                                                 | 10 mg              | 100% | Silicon (as silicon dioxide)                      | 2 mg               | †    |
| Calcium (as dicalcium phosphate)                                                             | 450 mg             | 45%  |                                                   |                    |      |
| Phosphorus (as dicalcium phosphate)                                                          | 350 mg             | 35%  |                                                   |                    |      |

\*Percent Daily Values (DV) are based on a 2,000 calorie diet.  
†Daily Value not established.

**OTHER INGREDIENTS:** MICROCRYSTALLINE CELLULOSE, HYDROXYPROPYL METHYLCELLULOSE, CROSCARMELOSE SODIUM, SPIRULINA, INOSITOL, CHOLINE BITARTRATE, ALFALFA POWDER, GRAPEFRUIT BIOFLAVONOID, HESPERIDIN COMPLEX, LEMON BIOFLAVONOID, ORANGE BIOFLAVONOID, RICE BRAN POWDER, ROSE HIPS POWDER, ACEROLA EXTRACT, HYDROXYLATED SOY LECITHIN, CARNAUBA WAX.

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Item #20287