

BODYBUILDING.COM WOMENS MULTIVITAMIN

A multivitamin is one of the best supplement investments you can make to support diet, overall health, and even your exercise or athletic performance.* The Bodybuilding.com Women's Multivitamin encourages body -function efficiency and fills micronutrient gaps left by your diet.* Deficiency in any one vitamin can affect a number of body functions, making a multivitamin important to covering your micronutrient bases.*

WARNINGS: Do not use if pregnant, contemplating pregnancy, or nursing. This product is only intended to be consumed by healthy adults, 18 years of age or older. Before using this product, consult with your physician. Discontinue use and consult a health care professional if you experience any adverse reaction to this product. Store in a cool, dry place below 80°F. Do not use if the seal is broken or missing. This product contains chemicals known to the State of California to cause cancer and birth defects or reproductive harm.

Distributed by **Bodybuilding.com**
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* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.



BBCOM755 • 100816 • V5



WOMEN'S MULTIVITAMIN

W O M E N ' S H E A L T H

DAILY



120
TABLETS

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 2 Tablets
Servings Per Container: 60

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Vitamin A (as retinyl palmitate & 50% as natural beta-carotene)	5,000IU 100%	Manganese (as manganese gluconate)	2mg 100%
Vitamin C (as ascorbic acid)	250mg 417%	Chromium (as chromium nicotinate glycinate chelate)	120mcg 100%
Vitamin D (as cholecalciferol)	1,000IU 250%	Molybdenum (as thiamin mononitrate)	75mcg 100%
Vitamin E (as d-alpha-tocopheryl succinate and natural mixed tocopherols)	100IU 333%	Dong quai root 10:1 extract	80mg *
Vitamin K (as phytonadione)	80mcg 100%	Chaste berry fruit 12:1 extract	50mg *
Thiamin (as thiamin mononitrate)	20mg 1,333%	Garcinia cambogia	50mg *
Riboflavin	20mg 1,176%	Oneid fruit extract 4:1 extract	50mg *
Niacin (as niacinamide)	20mg 100%	Uva-ursi leaf 4:1 extract	50mg *
Vitamin B6 (as pyridoxine HCl)	20mg 1,000%	Horsechestnut bark	50mg *
Folate (as folic acid)	600mcg 150%	Alpha-Lipoic acid	50mg *
Vitamin B12 (as cyanocobalamin)	100mcg 1,667%	Butcher's broom root	15mg *
Biotin	300mcg 100%	Ipri flavone	10mg *
Pantothenic Acid (as D-calcium pantothenate)	20mcg 200%	Grape seed extract (min. 95% polyphenols)	10mg *
Calcium (as calcium carbonate and calcium citrate)	350mg 35%	CitrusShield™ ORAC Citrus Flavonoid Formula	10mg *
Iron (carbonyl) (Ferrouyl®)	18mg 100%	(a proprietary blend of whole powder and extracts of lemon, sweet orange, lime and tangerine (Min. 50,000 Total ORAC per gram))	5mg *
Iodine (from kelp)	150mcg 100%	Soy isoflavone concentrate (providing 2 mg isoflavones)	250mcg *
Magnesium (as magnesium oxide and magnesium citrate)	175mg 44%	Lycopene	250mcg *
Zinc (as zinc citrate)	15mg 100%	Zubrin	250mcg *
Selenium (as selenomethionine)	70mcg 100%	Zeaxanthin	50mcg *
Copper (as copper gluconate)	2mg 100%		

* Daily Value not established.

OTHER INGREDIENTS: microcrystalline cellulose, stearic acid, croscarmellose sodium, film coat (hypromellose, hydroxypropyl cellulose, polyethylene glycol), magnesium stearate and silica.

ALLERGEN WARNING: Contains soy.

Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.