



SWANSON
PREMIUM BRAND
bringing wellness to the world since 1969

Full Spectrum[®] Japanese Ashitaba

Herbal Supplement

60 capsules • 500 mg



• DO NOT USE IF SEAL IS BROKEN. • STORE IN A COOL, DRY PLACE.
• KEEP OUT OF REACH OF CHILDREN.

SUGGESTED USE:

As a dietary supplement, take one capsule
one to two times per day with water.

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving

Japanese Ashitaba
(*Angelica keiskei koidzmi*) (leaves, stems) 500 mg*

*Daily Value not established.

Other ingredients: Gelatin, microcrystalline cellulose
(plant fiber), may contain one or both of the follow-
ing: magnesium stearate, silica.

DISTRIBUTED BY SWANSON HEALTH PRODUCTS

Fargo, ND 58104 USA

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