

SMART FACTS

- No Artificial Colors
 - No Preservatives
 - Traditionally Used For Occasional Sleeplessness*
- **Whole herb products utilize ground plant parts

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

Questions? Call toll free 1-888-VITAHELP (848-2435) or visit us at www.sundownnaturals.com

★ **Made In The USA** with select ingredients from around the world

Manufactured by REXALL SUNDOWN, INC.
Boca Raton, FL 33487 USA

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SUNDOWN[®] NATURALS

WHOLE HERB** VALERIAN ROOT 530MG

Traditionally Used For
Calm, Tranquil Rest*

100 Capsules / Dietary Supplement

100%
FREE OF



DIRECTIONS: FOR ADULTS, TAKE FOUR (4) CAPSULES, ONE HOUR BEFORE BEDTIME, AS NEEDED. As a reminder, discuss the supplements and medications you take with your health care providers.

Supplement Facts

Serving Size 4 Capsules

Servings Per Container 25

Amount Per Serving	%Daily Value
Valerian (<i>Valeriana officinalis</i>) (root)	2,120 mg (2.12 g) ***

***Daily Value not established.

Other Ingredient: Gelatin.

Non-GMO. No Gluten, No Wheat, No Milk, No Lactose, No Artificial Color, No Artificial Flavor, No Artificial Sweetener, No Preservatives, No Sugar, No Soy, No Starch, No Yeast, No Fish. Sodium Free.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Excessive consumption may impair ability to drive a motor vehicle or operate heavy equipment. Not intended for use by persons under the age of 18.