

New Chapter® booster powders are fermented in a proprietary 2-step method with clinically studied strains of probiotics and whole foods. The result: an easily digestible powder, with a nutrient-packed fermentate that delivers many beneficial factors.

FERMENTED ORGANIC BLACK SEED

Black Seed (Nigella) has been used by healers for millennia. Our Black Seed powder is enhanced with Turmeric, Lion's Mane, and superfood botanicals including Aloe, then whole-food fermented to deliver soothing benefits for mood, occasional stress relief, and memory.*

SUGGESTED USE: Add approx. ½ teaspoon to your favorite milk, juice, smoothie, or mix into your favorite recipe. For ages 12 and up. Visit newchapter.com/recipes for more ideas!



New Chapter is proud to be a Certified B Corp, using business as a force for good.
newchapter.com/bcorp



PLEASE RECYCLE

The New Chapter Money-Back Guarantee: We proudly stand behind every product we make. However, if you are not satisfied, please visit www.newchapter.com/guarantee for refund details.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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NET WT. 1.9 oz. (54 g)
DIETARY SUPPLEMENT

NEWCHAPTER®

NEW



FERMENTED BLACK SEED BOOSTER POWDER

Healthy Mood*

Stress Support*

Memory Support*



Supplement Facts

Serving size approximately 1/2 Teaspoon (1.34 g)
Servings per container 40

Amount per serving	%DV
Organic Nigella (<i>Nigella arvensis</i>) (seed)	500 mg •
Organic Lion's Mane (<i>Hericium erinaceus</i>) (mycelium and fruiting bodies)	300 mg •
Organic Turmeric (<i>Curcuma longa</i>) (rhizome)	100 mg •
Organic Aloe (<i>Aloe barbadensis</i>) (leaf)	50 mg •
Organic Peppermint (<i>Mentha x piperita</i>) (leaf)	20 mg •
Organic Coriander (<i>Coriandrum sativum</i>) (seed)	10 mg •
Organic Cardamom (<i>Elettaria cardamomum</i>) (fruit)	10 mg •
Organic Artichoke (<i>Cynara scolymus</i>) (leaf)	10 mg •

* Daily Value (DV) not established

Other ingredients: PROPRIETARY FERMENT MEDIA (organic *Saccharomyces cerevisiae*, organic molasses, organic gum acids, organic maltodextrin, organic soy flour, lactic acid bacteria [*Lactobacillus acidophilus*, *Bifidobacterium bifidum* and *Lactobacillus rhamnosus*], bromelain (deactivated) and papain (deactivated)) and organic maltodextrin.

Contains: Fermented soy.

Distributed by NEW CHAPTER, INC., 90 TECHNOLOGY DRIVE, BRATTLEBORO, VT 05301
For questions or comments call 888-834-4461

Certified Organic by International Certification Services, Inc., Medina, ND, USA
Gluten free, 100% vegan, no artificial flavors or colors.

Caution: As with any dietary or herbal supplement, you should advise your healthcare professional of the use of this product. If you are nursing, pregnant, or considering pregnancy, you should consult your healthcare professional prior to using this product. Avoid use if known sensitivity to any of the ingredients. Discontinue use and contact a healthcare professional if you experience an allergic reaction or side effect. Carefully read label directions before use. Do not exceed suggested use. **Keep out of reach of children.**

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1oz margin