

SUGGESTED USE: Take 1 capsule daily with food or as directed by your healthcare professional.

Children and pregnant or lactating women should consult their healthcare practitioner prior to use. Do not use if tamper seal is damaged.

CAL PROP 65 WARNING: This product contains a chemical known to the State of California to cause birth defects or other reproductive harm.

For more information regarding California Proposition 65 see: www.seekinghealth.com/media/Prop65.pdf

STORAGE: Keep closed in a cool, dry place out of reach by children.

DOES NOT CONTAIN: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, artificial colors, or artificial flavors.

Trace Minerals Complex Meets or Exceeds cGMP Quality Standards.

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P H Y S I C I A N F O R M U L A T E D



Seeking Health®

Trace Minerals Complex

Iron Free

Dietary Supplement

30 VEGETARIAN CAPSULES

Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 30

	Amount Per Serving	%DV
Iodine (from potassium iodide and organic Icelandic kelp)(<i>Laminaria digitata</i>)(stem and leaf)	250 mcg	167%
Zinc (as TRAACS® Zinc Bisglycinate Chelate)	30 mg	273%
Selenium (as SelenoExcel® High Selenium Yeast)	200 mcg	364%
Copper (as TRAACS® Copper Bisglycinate Chelate)	2 mg	222%
Manganese (as TRAACS® Manganese Bisglycinate Chelate)	4 mg	174%
Chromium (as TRAACS® Chromium Nicotinate Glycinate Chelate)	200 mcg	571%
Molybdenum (as TRAACS® Molybdenum Glycinate Chelate)	200 mcg	444%
Potassium (as potassium chloride)	99 mg	2%
Shilajit Extract (<i>Asphaltum punjabinum</i>)(mineral extract)(50% fulvic acid)	50 mg	*
Boron (as Albion® Bororganic Glycine)	500 mcg	*
Vanadium (as TRAACS® Vanadium Nicotinate Glycinate Chelate)	150 mcg	*
Horsetail (<i>Equisetum arvense</i>)(aerial parts)	100 mcg	*

* % DV (Daily Value) Not Established.

REV. 053117

ZCL-SKGHEALTH-038-02

This package is completely recyclable ♻️

Other Ingredients: HPMC (capsule), microcrystalline cellulose, ascorbyl palmitate, medium-chain triglyceride oil, and silica.