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SUGGESTED USE: Take 1 capsule with or without food once daily or as directed by your healthcare professional.

Children and pregnant or lactating women should consult their healthcare practitioner prior to use. Do not use if tamper seal is damaged.

STORAGE: Keep closed in a cool, dry place out of reach by children.

Thiamine provides 50 mg of thiamine per vegetarian capsule. Thiamine, or vitamin B1, may help support healthy brain function and normal energy levels.[†]

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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P H Y S I C I A N F O R M U L A T E D



Seeking Health®

Thiamine

50 mg

Dietary Supplement

120 VEGETARIAN CAPSULES

Supplement Facts

Serving Size: 1 Capsule
Servings Per Container: 120

	Amount Per Serving	%Daily Value
Thiamine (as thiamine hydrochloride)	50 mg	3,333%

Other Ingredients: Microcrystalline cellulose, HPMC (capsule), ascorbyl palmitate, and silica.

DOES NOT CONTAIN: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy, GMO, or gluten.

Thiamine Meets or Exceeds cGMP Quality Standards.

REV. 061616
ZCL-SKGHEALTH-003-01
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