



SWANSON
PREMIUM BRAND
bringing wellness to the world since 1969

Triple Magnesium Complex

Mineral Supplement

300 capsules • 400 mg



• DO NOT USE IF SEAL IS BROKEN. • STORE IN A COOL, DRY PLACE.
• KEEP OUT OF REACH OF CHILDREN.

SUGGESTED USE:

As a dietary supplement, take one capsule per day with water.

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving		% Daily Value
Magnesium	400 mg	95%
(from magnesium oxide, magnesium citrate, magnesium aspartate)		

Other ingredients: Rice flour, gelatin, magnesium stearate.

DISTRIBUTED BY SWANSON HEALTH PRODUCTS

Fargo, ND 58104 USA

TO REORDER, CALL TOLL FREE 1-800-437-4148

or visit our website at www.swansonvitamins.com



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