



SWANSON
PREMIUM BRAND
bringing wellness to the world since 1969

Super Stress B-Complex with Vitamin C

Vitamin Supplement



240 capsules

• DO NOT USE IF SEAL IS BROKEN. • STORE IN A COOL, DRY PLACE.
• KEEP OUT OF REACH OF CHILDREN.

SUGGESTED USE: As a dietary supplement, take one capsule one to two times per day with water.

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	% Daily Value
Vitamin C (as ascorbic acid)	500 mg 556%
Thiamin (thiamin HCl) (vitamin B-1)	25 mg 2,083%
Riboflavin (vitamin B-2)	25 mg 1,923%
Niacin (as niacinamide)	50 mg NE 313%
Vitamin B-6 (as pyridoxine HCl)	25 mg 1,471%
Folate	335 mcg DFE 83% (200 mcg folic acid)
Vitamin B-12 (as cyanocobalamin)	125 mcg 5,208%
Biotin	50 mcg 167%
Pantothenic Acid (as calcium pantothenate)	125 mg 2,500%
Choline (from choline bitartrate)	20 mg 4%
Inositol	50 mg *
PABA (para-aminobenzoic acid)	25 mg *

*Daily Value not established.

Other ingredients: Gelatin, magnesium stearate, rice flour, silica.

DISTRIBUTED BY **SWANSON HEALTH PRODUCTS**

Fargo, ND 58104 USA

TO REORDER, CALL TOLL FREE **1-800-437-4148**
or visit our website at www.swansonvitamins.com



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