

Directions: As a dietary supplement, adults take one (1) softgel daily, or as directed by a health care professional.

The role of Vitamin D in helping to maintain bone density and strength is clear. It is required for the process of moving calcium through the intestinal wall into the bloodstream. Even though the human body can manufacture Vitamin D under ideal circumstances, there is strong evidence that much of the American population suffers from a deficiency of the nutrient. This means that supplementation may be important. Cholecalciferol (D3) is a natural, highly bioavailable form of Vitamin D derived from lanolin.[†]

[†] These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Store in a cool, dry place and away from direct light. Do not refrigerate. Do not use if safety seal under cap is broken or missing. Keep out of reach of children. Please recycle.

Quality and Potency Guaranteed.



VITAMIN D

2000 IU
VITAMIN D3

*promotes calcium
absorption*

Helps maintain bone
density and strength[†]

250 softgels
dietary supplement

Supplement Facts

Serving Size: 1 Softgel

Servings Per Container: 250

	Amount Per Serving	%DV
Vitamin D3 (as cholecalciferol)	2,000 iu	500%

Other Ingredients: Softgel (gelatin, glycerin and water), soybean oil.

Contains Soy.

Contains No: Sugar, salt, dairy, yeast, wheat, gluten, corn, preservatives, artificial colors or flavors.

©2011 Manufactured exclusively for Viva Vitamins™

16201 Lindbergh Street, Van Nuys, CA 91406

for more information visit www.vivavitamins.com

MADE IN THE USA

GMP Compliant Manufacturing

Best used by: