

VALERIAN

Valeriana officinalis

Promotes
Restful Sleep*

2 fl. oz. (60 mL)

HERBAL SUPPLEMENT

HERBALIST
H&A
ALCHEMIST

Suggested use: 40-60 drops
(2-3 mL) in juice or water.
Take 3 times per day. Shake
well before using.

KEEP OUT OF CHILDREN'S REACH

Supplement Facts

Serving size 60 drops (3 mL)
Servings per container 20

Amount Per Serving

Fresh Valerian root † extract 3 mL †

† Daily value not established.

Other ingredients: Ethyl alcohol †,
distilled water.

Botanical Preparation Ratio 1:2
† Certified Organic

*This statement has not been
evaluated by the FDA. This product
is not intended to diagnose, treat,
cure or prevent any disease.

Herbalist & Alchemist, Inc.
Washington, NJ 07882
800-611-8235
www.herbalist-chemist.com

NO. VLN-2
LOT# 69



1734TU
Best By: 10/21



6

6 7 0 5 6 1 2 8 6 1

6