

SUGGESTED USE: 1 teaspoon (6.5 grams) daily as needed or as recommended by your health care professional. Take with water, milk, or the beverage of your choice. Formulated to be free of allergens derived from: Gluten, corn, yeast, artificial colors and flavors. If you are pregnant or nursing, consult your physician before taking this product. As with all dietary supplements, some individuals may not tolerate or may be allergic to the ingredients used. Please read the ingredient panel carefully prior to ingestion. Cease taking this product and consult your physician if you have negative reactions upon ingestion.

† This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Product #850250

Label ID L-OMP100-850001-E F25231830-3

Springboard
supplements *for growing bodies*

**Ready!
Set! Go!**

Dietary Supplement

250 ml (8 fl. oz)

**Natural Relief
for Occasional
Constipation!**

Supplement Facts

Serving Size 1 Teaspoon (6.5 Grams)
Servings Per Container approximately 50

1 teaspoon contains	Amount Per Serving	% Daily Value
Proprietary Blend		
	0.13 g	
Plum Extract		*
Fig Extract		*
Psyllium Seed Extract		*
Fennel Seed Extract		*
Caraway Seed Extract		*
Coriander Seed Extract		*
Ginger Root Extract		*

*Daily Value not established

Other Ingredients: Sorbitol Syrup, Purified Water, Potassium Sorbate, and Citric Acid. This product was sealed for your protection. Do not use if neck seal is missing or damaged. **KEEP CONTAINER TIGHTLY CLOSED. STORE AT ROOM TEMPERATURE. KEEP OUT OF REACH OF CHILDREN. SHAKE WELL BEFORE USE.**

Lot #

Exp Date