

SUGGESTED USE: 1 capsule daily or as directed by your health care professional. Capsules may be pulled apart and nutrients taken separately.

Do not use if full-bottle shrinkwrap is broken or missing. Store in a cool, dry place (59°F-85°F) away from direct light. Keep out of reach of children.

This product was made in a GMP and ISO 9001:2008 registered facility.

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P H Y S I C I A N F O R M U L A T E D



SeekingHealth® Optimal Zinc



Dietary Supplement

60 VEGETARIAN CAPSULES

Supplement Facts

Serving Size 1 Capsule

Servings Per Container 60

Amount Per Capsule	% Daily Value	
Vitamin C (as L-ascorbic acid)	60 mg	100%
Vitamin B6 (as pyridoxine HCl USP)	4 mg	200%
Zinc (as zinc citrate)	15 mg	100%

Other ingredients: Cellulose, vegetarian capsule (hydroxypropyl methylcellulose, water), and L-leucine.

DOES NOT CONTAIN: milk/casein, eggs, fish, shellfish, tree nuts, peanuts, wheat/gluten, corn, yeast, and soybeans. Contains no artificial colors, flavors, or preservatives.