



Discover Marine Minerals

and trust
the Difference...®

The True Nature of Our Standards
goes way beyond the norm...™

Harvested in the **cool, clean and pristine waters** off the coast of Iceland, Aquamin's® **Red Algae and Seawater** Marine Calcium, Magnesium and Multi-Mineral Complex supplies bio-active **calcium, magnesium, and 72 other trace minerals.***

In an area **untouched by industry**, the warm waters of the gulfstream meet the cold clean waters of the arctic and the **perfect conditions** exist for **red algae** to build up.

Supported by a significant and growing body of scientific publications, Aquamin's® **unique matrix** of trace minerals works holistically together to give a **powerful boost** to **calcium and magnesium's bioactivity.***

Store in a cool, dry place.



Plant Based Cal-Mag

*Promotes Bone Strength**

FROM COOL, CLEAN, PRISTINE
ICELAND ARCTIC WATERS

500/250mg
Calcium/Magnesium
per serving

Discover Marine Minerals®

Dietary Supplement

120 Vegetarian Capsules

Vegan
Gluten-Free

Supplement Facts

Serving Size 4 Capsules
Servings Per Container 30

Amount Per Serving	% Daily Value	
Calcium (from Aquamin® Red Algae (from Lithothamnium sp thallus) and Seawater)	500 mg	50%
Magnesium (from Aquamin® Seawater (Magnesium Hydroxide))	250 mg	62%
Sodium	15 mg	1%

Other Ingredients: Vegetable Cellulose (Capsule), Microcrystalline Cellulose, Calcium Silicate.

Suggested Use: As a dietary supplement, take four (4) capsules once times a day with food.

WARNING: KEEP OUT OF REACH OF CHILDREN. Do not use if safety seal is damaged or missing. If you are pregnant, nursing, taking any medications, planning any medical procedure or have a medical condition, consult with your healthcare practitioner before use.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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