DIRECTIONS: For adults, take two (2) tablets daily, preferably with a meal. For best results, take the full dosage of Flex-a-min® daily, on a continual basis.

No Artificial Flavor or Sweetener, No Preservatives, No Sugar, No. Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.





## BONE AND JOINT HEALTH'

Easy-to-Swallow COATED TABLETS

## **Supplement Facts**

Amount Per Serving		%Daily Value	
Calories	10		
Total Carbohydrate	2	g	1%**
Vitamin C (as Ascorbic Acid)	60	mg	100%
Vitamin D (as D3 Cholecalciferol)	2,000	IU	500%
Manganese (as Manganese Sulfate)	4	mg	200%
Sodium	15	mg	1%
Glucosamine Hydrochloride	2,000	mg (2 g)	***
Methylsulfonylmethane (MSM)	1,000	mg (1 g)	***
Boron (as Sodium Borate)	6	mg	***
Flex Proprietary Blend Silica and Hyaluronic Acid (HA) (as Sodium H	36.5 yaluronate)	mg	***

<sup>\*\*</sup>Percent Daily Values are based on a 2,000 calorie diel \*\*\*Daily Value not established

Call 1-800-255-8490

Formulated and Manufactured by NATURE'S BOUNTY INC. Rohamia NV 11716 II S A

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Other Ingredients: Vegetable Cellulose, Povidone, Calcium Silicate. Contains <2% of: Titanium Dioxide Color, Vegetable Magnesium Stearate.

Contains shellfish (shrimp, crab, lobster, crayfish) ingredients.

Visit Us On the Web B29384 06F FAB www.fleyamin.com For More Information on Flex-a-min®