

SUGGESTED USE: Blend, shake or briskly stir one level scoop (21.5g) into 8 to 12 oz of your favorite beverage, or use as directed by your healthcare professional. Blend with organic fruits, vegetables, or sweetener of your choice for better flavor.

Children and pregnant or lactating women should consult their healthcare professional prior to use. Do not use if tamper seal is damaged.

CAUTIONS: Consult your healthcare professional before use. Avoid if allergic to any ingredient.

STORAGE: Keep closed in a cool, dry place out of reach by children.

Optimal Protein is a sugar-free source of unadulterated vegetable protein sourced from non-GMO peas and rice, providing 17 grams of high-quality protein in every scoop. This flexible formula can be mixed with pure water or any beverage approved by your healthcare professional. Because it does not provide additional micronutrients, it can easily be added to any functional food formula when additional protein is desired. Micronutrients can also be mixed with Optimal Protein in accordance with recommendations by your healthcare professional. Optimal Protein is an excellent choice of supplementary protein for those who are sensitive to gluten, sugar (including lactose), sweeteners, or flavorings. Furthermore, the use of pea and rice proteins in Optimal Protein avoids major food allergens including milk, egg, soy, and wheat.[†]

Seeking Health's proprietary Optimal Protein provides pea protein, excellent digestibility, and a well-balanced amino acid profile—including a particularly high content of lysine, arginine, and branched-chain amino acids. The pea protein in Optimal Protein is naturally obtained by simple water extraction, keeping all the nutritional qualities intact. The combination of pea protein and rice protein achieves an amino acid score of 100%.[†]

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



P H Y S I C I A N F O R M U L A T E D



Seeking Health®

Optimal Protein

- Sugar Free
- Sweetener Free
- Gluten Free
- Soy Free
- No Added Flavoring
- Non-GMO

Dietary Supplement

NET WT 22.75 OZ (645 G)

Supplement Facts

Serving Size: 1 Scoop (About 21.5 g)

Servings Per Container: About 30

	Amount Per Serving	%Daily Value
Calories	70	
Total Carbohydrate	1 g	<1% [‡]
Dietary Fiber	1 g	4% [‡]
Protein	17 g	34% [‡]
Iron	3 mg	17%
Sodium	320 mg	14%
Potassium	20 mg	<1%

[‡] Percent Daily Values are based on a 2,000 calorie diet.

Other Ingredients: Optimal Protein (proprietary blend of pea protein isolate, taurine, rice protein concentrate, glycine, and L-glutamine), cellulose gum and xanthan gum.

CAL PROP 65 WARNING: This product contains a chemical known to the State of California to cause birth defects or other reproductive harm.

For more information regarding California Proposition 65 see: www.seekinghealth.com/media/Prop65.pdf

DOES NOT CONTAIN: Milk/casein, eggs, fish, shellfish, tree nuts, peanuts, wheat/gluten, soy, GMO, artificial colors, or artificial flavors.

Optimal Protein Meets or Exceeds cGMP Quality Standards.

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www.seekinghealth.com

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