



SWANSON
PREMIUM BRAND
bringing wellness to the world since 1969

Gelatin & Silicon

Dietary Supplement



200 capsules

• DO NOT USE IF SEAL IS BROKEN. • STORE IN A COOL, DRY PLACE.
• KEEP OUT OF REACH OF CHILDREN.

SUGGESTED USE:

As a dietary supplement, take two capsules one to three times per day with water.

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 100

Amount Per Serving	
Gelatin	1.08 g*
Silicon (as silicon aminoate)	20 mg*

*Daily Value not established.

Other ingredients: Gelatin (capsule), calcium palmitate, rice flour.

DISTRIBUTED BY SWANSON HEALTH PRODUCTS

Fargo, ND 58104 USA

TO REORDER, CALL TOLL FREE 1-800-437-4148
or visit our website at www.swansonvitamins.com



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