

SUGGESTED USE: 1 tablet per day or as recommended by your health care professional. Formulated to be free of allergens derived from: Gluten, yeast, artificial colors and flavors. If you are pregnant or nursing, consult your physician before taking this product. As with all dietary supplements, some individuals may not tolerate or may be allergic to the ingredients used. Please read the ingredient panel carefully prior to ingestion. Cease taking this product and consult your physician if you have negative reactions upon ingestion. CAUTION: This product contains a desiccant. For best results, keep the desiccant in the bottle until all contents are consumed. DO NOT EAT DESICCANT. KEEP CONTAINER TIGHTLY CLOSED. STORE AT ROOM TEMPERATURE. KEEP OUT OF REACH OF CHILDREN. This product was sealed for your protection. Do not use if outer logoed neck seal or inner-seal is missing or damaged.

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Product #599060

Label ID L-OMP100-599060-C



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DO NOT ACCEPT IF LABEL
SHOWS SIGNS OF TAMPERING



Methyl B12



ESSENTIAL VITAMINS

60 Tablets
Dietary Supplement

Supplement Facts^{v1}

Serving Size 1 Tablet

Servings Per Container 60

1 tablet contains	Amount Per Serving	% Daily Value
Folate (as Quatrefolic® (6S)-5-Methyltetrahydrofolic acid glucosamine salt)	1,000 mcg	250%
Vitamin B12 (as Methylcobalamin)	5,000 mcg	83,333%

Other Ingredients: Isomalt, Natural Cane Sugar, Croscarmellose Sodium, Potassium Bicarbonate, Natural Cherry Flavor (msg free), Sodium Stearyl Fumarate, Stearic Acid, Silicon Dioxide, and Bilberry Fruit Extract.

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Professional Strength: Not for sale through Amazon.com