



SWANSON
PREMIUM BRAND
bringing wellness to the world since 1969

Buffered C with Bioflavonoids

Vitamin Supplement



250 tablets

• DO NOT USE IF SEAL IS BROKEN. • STORE IN A COOL, DRY PLACE.
• KEEP OUT OF REACH OF CHILDREN.

SUGGESTED USE:

As a dietary supplement, take one tablet per day with water or as recommended by your healthcare provider.

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving		% Daily Value
Vitamin C USP	1,000 mg	1,111%
(from calcium ascorbate)		
Calcium	120 mg	9%
(from calcium ascorbate)		
Bioflavonoids [from citrus	200 mg	*
bioflavonoids (Citrus aurantium) (skin)]		

*Daily Value not established.

Other ingredients: Microcrystalline cellulose (plant fiber), stearic acid, croscarmellose sodium, magnesium stearate, silica, pharmaceutical glaze.

DISTRIBUTED BY SWANSON HEALTH PRODUCTS

Fargo, ND 58104 USA

TO REORDER, CALL TOLL FREE 1-800-437-4148
or visit our website at www.swansonvitamins.com



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