



SWANSON
PREMIUM BRAND
bringing wellness to the world since 1969

Buffered C with Bioflavonoids

Vitamin Supplement

100 capsules



• DO NOT USE IF SEAL IS BROKEN. • STORE IN A COOL, DRY PLACE.
• KEEP OUT OF REACH OF CHILDREN.

SUGGESTED USE:

As a dietary supplement, take one capsule one to two times per day with water or as recommended by your healthcare provider.

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	% Daily Value
Vitamin C (as calcium ascorbate)	500 mg 556%
Calcium (from calcium ascorbate)	60 mg 5%
Citrus Bioflavonoid Complex	200 mg *

*Daily Value not established.

Other ingredients: Gelatin, rice flour, may contain one or both of the following: magnesium stearate, silica.

DISTRIBUTED BY SWANSON HEALTH PRODUCTS

Fargo, ND 58104 USA

TO REORDER, CALL TOLL FREE 1-800-437-4148

or visit our website at www.swansonvitamins.com



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