



Chromium Picolinate

Dietary Supplement

200 capsules • 200 mcg

SWANSON
PREMIUM BRAND
bringing wellness to the world since 1969



• DO NOT USE IF SEAL IS BROKEN. • STORE IN A COOL, DRY PLACE.
• KEEP OUT OF REACH OF CHILDREN.

SUGGESTED USE:

As a dietary supplement, take one capsule per day with food and water.

WARNING: Because chromium may enhance insulin sensitivity and affect glucose levels, diabetics and hypoglycemics should consult their healthcare provider before using this product.

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving		% Daily Value
Chromium	200 mcg	571%
(from chromium picolinate)		

Other ingredients: Rice flour, gelatin.

DISTRIBUTED BY **SWANSON HEALTH PRODUCTS**

Fargo, ND 58104 USA

TO REORDER, CALL TOLL FREE **1-800-437-4148**
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9