

Suggested Use: Follow the dosage chart, add 1-3 scoops of MRP to 8-16 ounces of cold water or your favorite beverage and stir, shake, or blend. To make a creamy smoothie, add 2-3 scoops and put into blender for 20-30 seconds. Vary the amount of liquid to meet your desired taste and consistency. For delicious pudding: Spoon stir water slowly into MRP powder until you achieve a pudding consistency. Place in a refrigerator or freezer for 20 minutes.

	SNACK	MEAL (under 145lb)	MEAL (over 145lb)
SERVING	1 scoop	2 scoops	3 scoops
CALORIES	85	170	255
PROTEIN	9g	18g	27g
CARBS	9g	18g	27g
FAT	2g	4g	6g
FIBER	2g	4g	6g

50% FAST RELEASE - WHEY PROTEIN ISOLATE
PROVIDES UP TO 4 HOURS SUSTAINED RELEASE PROTEIN

SLOW RELEASE - MICELLAR CASEIN **50%**

COMPLETE 40:40:20 MEAL REPLACEMENT SHAKE

40% PROTEIN: Combines 50% Whey Protein Isolate and 50% Micellar Casein to provide 4-hours of sustained release amino acid delivery.

40% COMPLEX CARBS: Includes Highly Branched Cyclic Dextrin with a low glycemic load to promote level insulin response and continuous energy release.

20% FATS: MCT sourced from coconut oil. Provides fat in the diet which is used to support energy and growth without contributing to stored body fat.

VITAMIN MINERAL COMPLEX: Contains a full spectrum of vitamins and minerals.



MANUFACTURED IN OUR
GMP & FDA
INSPECTED FACILITY
FDA Registration: 16906175568



NUTRABIO

GLUTEN & SOY FREE | BSE/TSE FREE

MUSCLE MATRIX MRP

Women's Formula

40:40:20 MEAL REPLACEMENT

4-HOUR
Protein Release

LOW
Glycemic Carbs

VITAMINS
Minerals & Fiber

1.8lb

Natural Flavoring
Dietary Supplement
Net Wt. 1.8lb (802g)

CHOCOLATE MILKSHAKE

MADE IN OUR
GMP
&
FDA
INSPECTED
FACILITY

18G
PROTEIN

170
CALORIES

3.7G
BCAAs

Supplement Facts

Serving size: 2 scoops (14.58 grams)
Servings per container: 18

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Calories 170		Calcium 305mg	30%*
Calories from Fat 35		Iron 417mcg	21%*
Total Fat 4g	8%*	Phosphorus 150mg	15%*
Saturated Fat 4g	18%*	Iodine (potassium iodide) 75mcg	50%*
Cholesterol 5mg	2%*	Magnesium 5mg	2%*
Total Carbohydrate 18g	6%*	Zinc (zinc citrate) 5mg	50%*
Dietary Fiber 4g	17%*	Selenium (selenium citrate) 35mcg	50%*
Sugars <1g	†	Copper (copper oxide) 1mg	50%*
Protein 18g	37%*	Chromium (chromium picolinate chelate) 60mcg	50%*
Vitamin A (palmitate) 2511 IU	50%*	Sodium 58mg	4%*
Vitamin C (ascorbic acid) 30mg	50%*	Potassium 150mg	4%*
Vitamin D (cholecalciferol) 200 IU	50%*		
Vitamin E (dl-α-tocopheryl acetate) 15 IU	50%*		
Vitamin K1 (phylloquinone) 40mcg	50%*		
Thiamin (thiamine mononitrate) 750mcg	50%*		
Riboflavin (Vitamin B2) 854mcg	50%*		
Vitamin B3 (niacinamide) 10mg	50%*		
Vitamin B6 (pyridoxine HCl) 1mg	50%*		
Folic Acid 200mcg	50%*		
Vitamin B12 (methylcobalamin) 3mcg	50%*		
Biotin 1500mcg	50%*		
Paraaminic Acid (Vitamin B5) 5mg	50%*		

Whey Protein Isolate (SPI 90) (non-denatured) 10.84g

CPI used for iron and zinc (Zn). Cals processed. Isolated with surface buffer.

(Not a complete protein.)

Micellar Casein (non-denatured) 10.84g

CPI used for iron and zinc (Zn). Cals processed. Isolated with surface buffer.

(Not a complete protein.)

Highly Branched Cyclic Dextrin (α-Cyclodextrin) 12.5g

CPI used for iron and zinc (Zn). Cals processed. Isolated with surface buffer.

(Not a complete protein.)

MCT Coated Powder 4.5g

CPI used for iron and zinc (Zn). Cals processed. Isolated with surface buffer.

(Not a complete protein.)

Fiber Matrix (Inulin) 1.8g

CPI used for iron and zinc (Zn). Cals processed. Isolated with surface buffer.

(Not a complete protein.)

Flavor Profile 0.5g

CPI used for iron and zinc (Zn). Cals processed. Isolated with surface buffer.

(Not a complete protein.)

Other Ingredients: ABSOLUTELY NONE.

Allergens: MA.

This product is intended as a dietary supplement only. Do not use as a sole source of nutrition.

THIS PRODUCT IS SOLD BY WEIGHT, NOT VOLUME. SOME SETTLING OF CONTENTS MAY HAVE OCCURRED DURING THE SHIPPING AND HANDLING. STORE IN A COOL, DRY PLACE. SERVING SCOOP INCLUDED (MAY SETTLE TO THE BOTTOM DURING SHIPPING).

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



FULL LABEL DISCLOSURE

NO PROPRIETARY BLINDS | EVERY INGREDIENT DISCLOSED WITH DOSAGE

CHECK, VERIFY, TRUST. View Independent Lab Results
CHECKMYSUPPS.COM

Manufactured by: Nutrabio Labs, Inc.
564 Lincoln Blvd., Middletown, NJ 08846
www.nutrabilio.com / info@nutrabilio.com (732) 748-8806