

Suggested Use: Using the dosage chart, add 1-3 scoops of MRP to 8-12 ounces of cold water or your favorite beverage and stir, shake, or blend. To make a creamy smoothie, add 2-3 ice cubes and put into blender for 20-30 seconds. Vary the amount of liquid to meet your desired taste and consistency. For delicious pudding: Spoon stir water slowly into MRP powder until you achieve a pudding consistency. Place in a refrigerator or freezer for 20 minutes.

	SHAKE	MEAL (under 1800k)	MEAL (over 1800k)
SERVING	1 scoop	2 scoops	3 scoops
CALORIES	120	240	360
PROTEIN	12.5g	25g	37.5g
CARBS	12.5g	25g	37.5g
FAT	2.5g	5g	7.5g
FIBER	2.5g	5g	7.5g

50% FAST RELEASE - WHEY PROTEIN ISOLATE
PROVIDES UP TO 4 HOURS SUSTAINED RELEASE PROTEIN

SLOW RELEASE - MICELLAR CASEIN **50%**

COMPLETE 40:40:20 MEAL REPLACEMENT SHAKE

40% PROTEIN: Combines 50% Whey Protein Isolate and 50% Micellar Casein to provide 4 hours of sustained release amino acid delivery.

40% COMPLEX CARBS: Includes Highly Branched Cyclic Dextrin with a low glycemic load to promote level insulin response and continuous energy release.

20% FATS: MCT sourced from coconut oil. Provides fat in the diet which is used to support energy and growth without contributing to stored body fat.

VITAMIN MINERAL COMPLEX: Contains a full spectrum of vitamins and minerals.



MANUFACTURED IN OUR
GMP & FDA
INSPECTED FACILITY
FDA Registration: 16906175568



NUTRABIO

GLUTEN & SOY FREE | BSE/TSE FREE

MUSCLE MATRIX MRP

40:40:20 MEAL REPLACEMENT

4-HOUR
Protein Release

LOW
Glycemic Carbs

VITAMINS
Minerals & Fiber

2.5lb

Natural Flavoring
Dietary Supplement
Net Wt. 2.5lb (1115g)

CHOCOLATE MILKSHAKE

MADE IN OUR
GMP
&
FDA
INSPECTED
FACILITY

25G
PROTEIN

240
CALORIES

5.2G
BCAAs

Supplement Facts

Serving size: 2 scoops (51.84 grams)
Servings per container: 18

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Calories 240		Calcium 400mg	40%*
Calories from Fat 40		Iron 500mg	21%*
Total Fat 5g	10%*	Phosphorus 200mg	20%*
Saturated Fat 3g	20%*	Iodine (potassium iodide) 75mcg	50%*
Cholesterol 10mg	20%*	Magnesium 10mg	21%*
Total Carbohydrate 26g	9%*	Zinc (zinc citrate) 8mg	50%*
Dietary Fiber 5g	21%*	Selenium (selenium citrate) 55mcg	50%*
Sugars <1g	†	Copper (copper oxide) 1mg	50%*
Protein 25g	50%*	Chromium (chromium picolinate citrate) 40mcg	50%*
Vitamin A (palmitate) 2010 IU	50%*	Sodium 100mg	49%*
Vitamin C (ascorbic acid) 50mg	50%*	Potassium 250mg	51%*
Vitamin D (cholecalciferol) 200 IU	50%*		
Vitamin E (dl-α-tocopheryl acetate) 15 IU	50%*	Whey Protein Isolate (BPI 95) (non-denatured) 15.00g	†
Vitamin K1 (phytonadione) 40mcg	50%*	(CPI was for non and denatured whey. CIP processed. Isolated with surface buffer. Feeding 10 kg complete protein)	
Thiamin (thiamine mononitrate) 750mcg	50%*	Micellar Casein (non-denatured) 15.00g	†
Riboflavin (vitamin B2) 600mcg	50%*	(CIP processed. Isolated with surface buffer. Feeding 10 kg complete protein)	
Vitamin B3 (niacinamide) 10mg	50%*	Highly Branched Cyclic Dextrin (as Cyclodextrin) 15g	†
Vitamin B6 (pyridoxine HCl) 1mg	50%*	(CPI was for non and denatured whey. CIP processed. Isolated with surface buffer. Feeding 10 kg complete protein)	
Folic Acid 200mcg	50%*	MCT Coated Powder 5.0g	†
Vitamin B12 (methylcobalamin) 3mcg	50%*	(CPI was for non and denatured whey. CIP processed. Isolated with surface buffer. Feeding 10 kg complete protein)	
Biotin 100mcg	50%*	Fiber Matrix (Inulin) 10g	†
Para-aminobenzoic Acid (vitamin B5) 5mg	50%*	(CPI was for non and denatured whey. CIP processed. Isolated with surface buffer. Feeding 10 kg complete protein)	

Other Ingredients: ABSOLUTELY NONE.

Allergens: MA.

This product is intended as a dietary supplement only. Do not use as a sole source of nutrition.

THIS PRODUCT IS SOLD BY WEIGHT, NOT VOLUME. SOME SETTLING OF CONTENTS MAY HAVE OCCURRED DURING THE SHIPPING AND HANDLING. STORE IN A COOL, DRY PLACE. SERVING SCOOP INCLUDED MAY SETTLE TO THE BOTTOM DURING SHIPPING.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



FULL LABEL DISCLOSURE

NO PROPRIETARY BLINDS | EVERY INGREDIENT DISCLOSED WITH DOSAGE

CHECK, VERIFY, TRUST. View Independent Lab Results
CHECKMYSUPPS.COM

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