



SWANSON
PREMIUM BRAND
bringing wellness to the world since 1969

Calcium Citrate & Vitamin D

Dietary Supplement

250 tablets



• DO NOT USE IF SEAL IS BROKEN. • STORE IN A COOL, DRY PLACE.
• KEEP OUT OF REACH OF CHILDREN.

SUGGESTED USE:

As a dietary supplement, take two tablets
two times per day with water.

Supplement Facts

Serving Size 2 Tablets

Servings Per Container 125

Amount Per Serving	% Daily Value
Vitamin D (as cholecalciferol) 10 mcg	50%
Calcium 630 mg	48%
(from calcium citrate)	

Rev 1 08 15 17

Other ingredients: Hydroxypropyl methylcellulose, croscarmellose sodium, stearic acid, triacetin, titanium dioxide, magnesium silicate, microcrystalline cellulose (plant fiber), magnesium stearate, hydroxypropyl cellulose, modified food starch, silica, medium-chain triglycerides oil (coconut), carnauba wax, sucrose, sodium ascorbate, tocopherol. Contains tree nuts (coconut).

DISTRIBUTED BY SWANSON HEALTH PRODUCTS

Fargo, ND 58104 USA

TO REORDER, CALL TOLL FREE 1-800-437-4148

or visit our website at www.swansonvitamins.com



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