

SUGGESTED USE: Shake lightly before each use. On an empty stomach or between meals, take 1 tsp by mouth. May also mix in 1 oz. of water or juice. Use as directed by your healthcare professional.

Keep out of reach of children. Intended for use by adults and children over 4 years of age.

STORAGE: Store in a cool, dry place away from direct sunlight. Refrigerate for maximum potency and longevity. Use within 40 days of opening.

Optimal Liposomal Vitamin C utilizes 150 nm-sized liposomes to facilitate absorption of our high-potency vitamin C. The phospholipid base is non-hydrogenated and derived from GMO-free sunflower oil - without the common use of soy. Our fantastic lemon zest flavor is 100% natural and kid-approved!†

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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Manufactured for and Distributed by:
Seeking Health
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PHYSICIAN FORMULATED



Seeking Health®

Optimal Liposomal Vitamin C

Lemon Zest
1,000 mg



Dietary Supplement

5 FL. OZ. (150 ML)

Supplement Facts

Serving Size: 5 ml

Servings Per Container: Approx. 30

Amount Per Serving		%DV
Calories	5	
Total Carbohydrates	1g	<1%
Vitamin C	1000 mg	1667%
(as sodium ascorbate, ascorbic acid)		
Sodium	88 mg	4%
(as sodium ascorbate)		
Phosphatidylcholine and Phosphatidylethanolamine Complex (from non-GMO Sunflower oil)	400 mg	*

* %DV (Daily Value) Not Established
%DV Based on a 2,000 Cal/day Diet.

Other Ingredients: Purified water, natural flavors, glycerin and potassium sorbate (0.1%).

Not a significant source of fat, cholesterol, sugar, or protein.

DOES NOT CONTAIN: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy, GMO, artificial colors or artificial flavors.

Optimal Liposomal Vitamin C Meets or Exceeds cGMP Standards.

