

Flex-a-min® Triple Strength cushions and lubricates joints.* When used daily, Flex-a-min® Triple Strength can provide long-term nourishment for your joint cartilage, especially for joints that may be occasionally stressed from everyday wear and tear, such as the knees.*

Bone Shield contains a natural form of Vitamin K2, important for bone health but not readily found in the diet.* Vitamin K2 works by activating enzymes responsible for bone formation — helping to maintain bone mass and strength.*

Directions: For adults, take two (2) caplets daily, preferably with a meal. Take this product with plenty of fluids. For best results, take the full dosage of Flex-a-min® daily.

No Artificial Flavor or Sweetener, No Preservatives, No Sugar, No Gluten, No Wheat, No Yeast.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

Aflapin™ - A proprietary joint care ingredient which shows improvement in joint comfort in 7 days.*¹

1. This statement is based on two human studies of Aflapin™ using subjective measures in which participants rate their joint health. In these studies, after 7 days, improvement continued to be seen, including in biomarker analysis.

Aflapin™ is a trademark of Laila Nutraceuticals, India. International patents pending.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

NATURE'S BOUNTY

2 CAPLETS
PER DAY!

Flex-a-min®
TRIPLE STRENGTH

GLUCOSAMINE CHONDROITIN FORMULA

with BONE SHIELD

Plus

VITAMINS K2 and D3

GLUCOSAMINE CHONDROITIN
DIETARY SUPPLEMENT

80 COATED CAPLETS
Easy-to-Swallow

Prod. No. 14846

Supplement Facts

Serving Size 2 Caplets
Servings Per Container 40

Amount Per Serving	%Daily Value	
Calories	10	
Total Carbohydrate	2 g	1%**
Vitamin C (as Ascorbic Acid)	200 mg	333%
Vitamin D (as D3 Cholecalciferol)	1,000 IU	250%
Vitamin K2 (as Menaquinone)	20 mcg	25%
Calcium (as Calcium Carbonate)	200 mg	20%
Sodium	25 mg	1%
Glucosamine HCl	1,500 mg (1.5 g)	***
Bone Shield Proprietary Blend	1,140 mg (1.14 g)	***
Chondroitin Sulfate, MSM Complex	1,000 mg (1 g)	***
(Chondroitin Sulfate, MSM (Methylsulfonylmethane), Vitamin C, Collagen (Hydrolyzed Gelatin), Calcium, Vitamin D, Vitamin K2)		
Hyaluronic Acid Blend	40 mg	***
(as Calcium Silicate and Sodium Hyaluronate)		
Aflapin™ Boswellia serrata Extract (resin)	100 mg	***

**Percent Daily Values are based on a 2,000 calorie diet.

***Daily Value not established.

Other Ingredients: Vegetable Cellulose, Povidone. **Contains <2% of:** Natural Caramel Color, Titanium Dioxide Color, Vegetable Magnesium Stearate.

Contains milk, soy and shellfish (shrimp, crab, lobster, crayfish) ingredients.

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Visit Us On the Web
www.flexamin.com
For More Information on Flex-a-min®
Call 1-800-255-8490

Formulated and Manufactured by
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