

SUGGESTED USE: As a dietary supplement, take two softgels per day with meals, or as directed by your health care practitioner.

WARNING: Consult a health care professional prior to use if you are pregnant, breast feeding, allergic to shellfish or fish, have a blood coagulation condition or are taking anti-coagulants, such as warfarin (Coumadin®) or high dose aspirin.

STORAGE: Store at room temperature.

NOTICE: Color, size or shape may appear different between lots.

Optimal Krill Oil is an extract from Antarctic krill containing highly unsaturated EPA and DHA (omega-3 fatty acids) bound to phospholipids which closely resemble human brain phospholipids. These phospholipids are important components to all cell membranes which function as cell messengers and carriers of EPA and DHA, enhancing effective delivery of these omega 3s.

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Optimal Krill Oil Meets cGMP Standards.

DOES NOT CONTAIN: Gluten.



P H Y S I C I A N F O R M U L A T E D



Seeking Health®

Optimal Krill Oil

12 mg Astaxanthin per serving

Dietary Supplement

60 SOFTGELS

Supplement Facts

Serving Size 2 softgels

Servings Per Container 30

Amount Per Serving		% Daily Value
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%*
Krill Oil (<i>Euphausia superba</i>)	880 mg	†
Phospholipids	352 mg	†
Omega-3 Fatty Acids		
EPA (Eicosapentaenoic Acid)	80 mg	†
DHA (Docosahexaenoic Acid)	44 mg	†
AstaREAL® Natural Astaxanthin (from <i>Haematococcus pluvialis</i> algae extract)	12 mg	†

*Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value not established.

Softgel Ingredients: Bovine gelatin, glycerine, deionized water.

Contains shellfish (krill).

Distributed by:

Seeking Health
3140 Mercer Avenue
Bellingham, WA 98225

Report any adverse reactions to
1-800-547-9812



Item X05060-PL-3