RAW ORGANIC FIT

Raw Organic Fit is a High Protein Plant Based shake designed to enhance your diet and exercise program, empowering you to lose weight and build lean muscle.







- FIGHT CRAVINGS & SATISFY HUNGER[†] Organic Ashwagandha and 9g Organic Fiber
- BUILD MUSCLE[†] 28g Complete Organic Plant Protein
- EASY TO DIGEST[†] 3 Billion CFU Probiotics and 13 Enzymes

GLUTEN FREE • DAIRY FREE • SOY FREE

Try the Raw Organic Fit Jump Start Plan today, go to www.gardenoflife.com/raworganicfit.

†These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.





RAW ORGANIC



HIGH PROTEIN FOR WEIGHT LOSS

BURNS FAT' • SATISFIES HUNGER' FIGHTS CRAVINGS

PLANT BASED Vanilla









VEGAN · GLUTEN FREE · DAIRY FREE · SOY FREE (1)

Net Wt 32.2 oz (2 lbs / 913 g) WHOLE FOOD DIETARY SUPPLEMENT

170

28g PROTEIN





Suggested Use: Adults mix 1 level scoop in 10 ounces of water (scoop included). Delicious with unsweetened almond milk. Not intended for children.

Serving Size 1 Level Scoop (46g) Servings Per Container Approximately 20

Amount Per Serving	% Daily Value
Calories 170	
Calories from Fat 20	T
Total Fat 2 g	5%1
Saturated Fat 0 g	i
Trans Fat 0 g	
Polyunsaturated Fat 1 g	1
Monounsaturated Fat 1 g	
Sodium 150 mg	6%
Potassium 90 mg	3%
Total Carbohydrate 12 g	4%1
Dietary Fiber 9 g	36% ¹
Soluble Fiber 2 g	
Insoluble Fiber 7 g	!
Sugars <1 g	
Protein 28 g	56% ¹
Vitamin A* 1,500 IU	30%
Vitamin C ² 1.3 mg	2%
Vitamin D* 1,000 IU	250%
Vitamin E* 30 IU	100%
Vitamin K* 80 mcg	100%
Calcium ² 180 mg	20%
Iron ² 3 mg	15%
Magnesium ² 70 mg	20%
Chromium* 120 mcg	100%
Raw Certified Organic Protein Blend 41 g	
Naw Certified Organic Protein Blend 41 g	

Organic Buckwheat Sprout, Organic Garbanzo Bean Sprout, Organic Lentil Sprout, Organic Adzuki Bean Sprout, Organic Sunflower Seed Sprout, Organic Pumpkin Seed Sprout, Organic Sesame Seed Sprout Raw Certified Organic Weight Loss & Stress Management Blend 700 mg Raw Organic Svetol® (Naturally Decaffeinated Green Coffee Bean Extract).

Raw Organic Ashwagandha	
Raw Certified Organic Glucose Management Blend 330 mg	
Organic Baobab Fruit, Organic Cinnamon, Organic Daikon Radish Organic Alfalfa Sprout	Sprout,
Raw Probiotic & Enzyme Blend 53 mg	

Organic Pea Protein, Organic Sprouted Brown Rice Protein, Organic Tapioca Fiber,

Chlorella, Organic Amaranth Sprout, Organic Quinoa Sprout, Organic Millet Sprout,

Organic Chia Seed & Sprout, Organic Flax Seed & Sprout, Organic Cracked-Wall

[Lactobacillus acidophilus, Lactobacillus plantarum] (3 Billion CFU) Lipase, Protease, Aspergillopepsin, beta-Glucanase, Cellulase, Bromelain, Phytase, Lactase, Papain, Peptidase, Pectinase, Hemicellulase, Xvlanase

¹Percent Daily Values are based on a 2,000 calorie diet +Daily Value not established

Other Ingredients: Organic vanilla flavors, organic erythritol, organic stevia extract

П	TYPICAL AMINO ACID PROFILE (Per 46g Serving)
ı	ALANINE
	ARGININE
П	ASPARTIC ACID
П	CYSTINE
П	GLUTAMIC ACID
	GLYCINE
П	HISTIDINE
П	ISOLEUCINE**
	LEUCINE*^
П	LYSINE*
	METHIONINE*
	PHENYLALANINE*
П	PROLINE
	SERINE
ı	THREONINE*980 mg
П	TRYPTOPHAN*290 mg
	TYROSINE
ı	VALINE*^
П	*Essential Amino Acids Branched Chain Amino Acids

To learn more about the RAW Food-Created Nutrients™ used exclusively by Garden of Life, go to www.gardenoflife.com.

Naturally occurring nutrients

CAUTION: As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are pregnant, nursing, anticipate surgery, take medication on a regular basis or are otherwise under medical supervision.

Keep out of reach of children. Store in a cool, dry place.

Do not use if safety seal is broken or missing.

Packaged by weight not volume. Settling may occur.

Contains No soy, dairy, tree nuts, added sugars, filler ingredients, nor artificial colors, flavors, sweeteners

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Organic Svetol® is a registered trademark of Naturex. Inc.

Distributed by Garden of Life LLC

4200 Northcorp Parkway Palm Beach Gardens, FL 33410 USA Certified Organic by QCS

Made in the U.S.A. from foods grown in the U.S.A. and other countries www.gardenoflife.com © 2016 Garden of Life LLC

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