

SUGGESTED USE: 1 to 2 capsules daily with food or as directed by your health care professional.

Optimal Iodine provides three beneficial forms of iodine, an essential trace element. Each capsule supplies 12.5 mg total iodine (equivalent to 12,500 mcg).

Do not use if shrinkwrap is broken or missing. Store in a cool, dry place (59°F-85°F) away from direct light. Keep out of reach of children.

This product was made in a GMP and ISO 9001:2008 registered facility.

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Manufactured for and Distributed by:

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P H Y S I C I A N F O R M U L A T E D



Seeking Health® Optimal Iodine

12.5 mg

Dietary Supplement

90 VEGETARIAN CAPSULES

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 90

Amount Per Capsule	% Daily Value
Iodine (5 mg as molecular iodine, 5 mg as sodium iodide, and 2.5 mg as potassium iodide)	8333%

Other ingredients: Cellulose, vegetarian capsule (hydroxypropyl methylcellulose, water), coconut oil powder, and silicon dioxide.

DOES NOT CONTAIN: milk/casein, eggs, fish, shellfish, tree nuts, peanuts, wheat/gluten, corn, yeast, and soybeans. Contains no artificial colors, flavors, or preservatives.