

SUGGESTED USE: Blend, shake, or briskly mix one scoop daily in filtered water or beverage of choice, or use as directed by your healthcare professional.

Children and pregnant or lactating women should consult their healthcare practitioner prior to use. Do not use if tamper seal is damaged.

STORAGE: Keep closed in a cool, dry place out of reach by children.

DON'T HOT CONTAIN: Milk, eggs, fish, tree nuts, peanuts, wheat, gluten, soy, or GMO.

Optimal GI Powder Meets or Exceeds cGMP Quality Standards.

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P H Y S I C I A N F O R M U L A T E D



Seeking Health®

Optimal GI Powder

Dietary Supplement

NET WT 6.98 OZ (198 G)

Supplement Facts

Serving Size: 1 Scoop (About 8.8-g)

Servings Per Container: About 30

Amount Per Serving		%DV*	Amount Per Serving		%DV*
Calories	10		Stinging Nettle Extract (<i>Urtica dioica</i>)(leaves)(1% silica)	250 mg	•
Total Carbohydrate	3 g	1%	Slippery Elm (<i>Ulmus laka</i>)(bark)	250 mg	•
Dietary Fiber	1 g	4%	Quercetin (as quercetin dihydrate from <i>Diospyrandra mollis</i>)(pod)	250 mg	•
Molybdenum (as TRAACS® Molybdenum Glycinate Chelate)	50 mcg	67%	Methylsulfonylmethane	250 mg	•
L-Glutamine	1.5 g	•	Marshmallow (<i>Althaea officinalis</i>)(root)	250 mg	•
N-Acetyl-D-Glucosamine	1 g	•	L-Carnesine (from Zinc L-carnesine)	75 mg	•
Citrus Fiber	1 g	•	Milk Thistle Extract (<i>Silybum marianum</i>)(seeds)(80% silymarin)	50 mg	•
Deglycyrrhizinated Licorice Extract (<i>Glycyrrhiza glabra</i>)(root)(0.75% flavonoids)	500 mg	•	Glucosapharin (from broccoli extract)(<i>Brassica oleracea</i>)(calico)(seed)(TrueBroc™)	18 mg	•
Also uses 200:1 Aqueous Extract (Aloe barbadensis)(leaf gel)	350 mg	•	Superoxide Dismutase (from melon (<i>Cucumis melo</i>)(pulp) extract)	7 mg (100 IU)	•
Cat's Claw 10:1 Extract (<i>Uncaria tomentosa</i>)(bark)	350 mg	•	* Percent Daily Values are based on a 2,000 calorie diet.		
Curcuminoids (from turmeric (<i>Curcuma longa</i>)(rhizome) extract)	250 mg	•	• % DV (Daily Value) Not Established.		

Other Ingredients: None.

Contains: Crustacean Shellfish (crab and shrimp).

This package is completely recyclable ♻️