

SUGGESTED USE: As a dietary supplement, take 1 mL (approx. 35 drops) per day, or as directed by your health care practitioner.

STORAGE: Store at room temperature. Keep out of reach of children.

NOTICE: This is a natural product that may exhibit color, taste and density variations from lot to lot.

Optimal Elderberry Plus Liquid Meets cGMP Standards.

DOES NOT CONTAIN: Gluten.

SHAKE WELL.



P H Y S I C I A N F O R M U L A T E D



Seeking Health®

Optimal Elderberry Plus Liquid

Dietary Supplement

4 FL OZ (118 mL)

Supplement Facts

Serving Size 1 mL (approx. 35 drops)

Servings Per Container about 118

Amount Per Serving	% Daily Value
Elderberry (<i>Sambucus nigra</i>)	200 mg *
Astragalus Root (<i>Astragalus membranaceus</i>)	100 mg *
Shiitake Mushroom (<i>Lentinula edodes</i>)	75 mg *
Maitake Mushroom (<i>Grifola frondosa</i>)	75 mg *
Wild Cherry Bark (<i>Prunus serotina</i>)	50 mg *
Beta 1,3 Glucan	25 mg *

*Daily Value not established.

Other Ingredients: Vegetable glycerine, deionized water, raspberry and berry natural flavor.

Distributed by:

Seeking Health

3140 Mercer Avenue

Bellingham, WA 98225

Report any adverse reactions to

1-800-547-9812



Find Other Effective Health Products At

www.seekinghealth.com