



SWANSON
PREMIUM BRAND
bringing wellness to the world since 1969

Liquid Calcium & Magnesium

Mineral Supplement

Bone Support*

100 softgels



*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

• DO NOT USE IF SEAL IS BROKEN. • KEEP OUT OF REACH OF CHILDREN.
• STORE IN A COOL, DRY PLACE. DO NOT REFRIGERATE.

SUGGESTED USE:

As a dietary supplement, take two softgels two times per day with food and water.

Supplement Facts

Serving Size 2 Softgels
Servings Per Container 50

Amount Per Serving		% Daily Value
Calories	20	
Calories from Fat	15	
Total Fat	1.5 g	2%**
Calcium	600 mg	46%
(from calcium carbonate)		
Magnesium USP	300 mg	71%
(from magnesium oxide)		

**Percent Daily Values are based on a 2,000 calorie diet.

Other ingredients: Soybean oil, gelatin, glycerin, purified water, soy lecithin, yellow beeswax, titanium dioxide.
Contains soy.

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TO REORDER, CALL TOLL FREE 1-800-437-4148
or visit our website at www.swansonvitamins.com



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