



SWANSON
PREMIUM BRAND
bringing wellness to the world since 1969

Magnesium

Mineral Supplement



250 capsules • 200 mg

- DO NOT USE IF SEAL IS BROKEN.
- STORE IN A COOL, DRY PLACE.
- KEEP OUT OF REACH OF CHILDREN.

SUGGESTED USE:

As a dietary supplement, take two capsules per day with food and water.

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 125

Amount Per Serving	% Daily Value
Magnesium (from magnesium oxide)	400 mg 95%

Rev 1 05 24 17

Other ingredients: Rice flour, gelatin, magnesium stearate.

DISTRIBUTED BY **SWANSON HEALTH PRODUCTS**
Fargo, ND 58104 USA
TO REORDER, CALL TOLL FREE 1-800-437-4148
or visit our website at www.swansonvitamins.com

