

RAW ONETM FOR WOMEN



30 VEGETARIAN CAPSULES

WHOLE FOOD DIETARY SUPPLEMENT

Suggested Use: Adults take 1 capsule daily. May be taken with or without food. Capsule may be opened and contents may be added to water or raw juice. Not intended for children.

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 30

	Amount Per Serving	% Daily Value
Vitamin A* (as beta-carotene)	5,000 IU	100%
Vitamin C*	60 mg	100%
Vitamin D* (as D3)	1,000 IU	250%
Vitamin E*	20 IU	70%
Vitamin K*	60 mcg	100%
Thiamin* (Vitamin B1)	1.5 mg	100%
Riboflavin* (Vitamin B2)	1.7 mg	100%
Niacin* (as Nicotinamide)	20 mg	100%
Vitamin B6*	2 mg	100%
Folate*	800 mcg	200%
Vitamin B12* (as Methylcobalamin)	12 mcg	200%
Biotin*	150 mcg	50%
Pantothenic Acid*	10 mg	100%
Calcium (from Algae)	16 mg	2%
Iron*	6 mg	30%
Zinc*	4 mg	25%
Selenium*	50 mcg	70%
Copper*	1.5 mg	80%
Manganese*	1 mg	50%
Chromium*	120 mcg	100%
Molybdenum*	19 mcg	25%
RAW Organic Amla Berry (Indian Gooseberry)	120 mg	+

RAW Organic Fruit & Vegetable Blend

Organic Apple (fruit), Organic Beet (root), Organic Broccoli (stalk & flower), Organic Carrot (root), Organic Spinach (leaf), Organic Tomato (fruit), Organic Strawberry (fruit), Organic Tart Cherry (fruit), Organic Blackberry (fruit), Organic Green Bell Pepper (fruit), Organic Brussels Sprout (leaf), Organic Blueberry (fruit), Organic Ginger (root), Organic Garlic Bulb, Organic Green Onion (bulb), Organic Raspberry (fruit), Organic Parsley (leaf), Organic Cauliflower (flower & stem), Organic Red Cabbage (leaf), Organic Kale (leaf), Organic Cucumber (ground), Organic Celery (stalk), Organic Asparagus (flower & stem)

RAW Probiotic & Enzyme Blend

Lipase, Phytase, Amylase, Papain, Beta-Glucanase, Cellulase, Bromelain, Pectinase, Lactase, Pepsin, Pectinase, Pectinase, Xylanase, Hemicellulase, Lactobacillus bulgaricus, Lactobacillus plantarum (500 Million CFU)

* Daily Value not established.

Other ingredients: Vegetable cellulose (capsule), organic rice (fill).

* To learn more about the **RAW Food-Created NutrientsTM** used exclusively by Garden of Life, go to www.gardenoflife.com.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep out of reach of children. In case of accidental overdose, call a physician or poison control center immediately.

CAUTION: As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are pregnant, nursing, anticipate surgery, take medication on a regular basis or are otherwise under medical supervision.

Keep out of reach of children.

Store in a cool, dry place.

Do not use if safety seal is broken or missing. Contains no filler ingredients, artificial colors or preservatives.



We Buy 100% Certified Renewable Energy



Recyclable Bottle

Distributed by Garden of Life LLC

4200 Northrop Parkway

Palm Beach Gardens, FL 33410 USA

Made in the U.S.A.

www.gardenoflife.com

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