



SWANSON
PREMIUM BRAND
bringing wellness to the world since 1969

Calcium Citrate

plus Magnesium

Mineral Supplement

150 capsules



• DO NOT USE IF SEAL IS BROKEN. • STORE IN A COOL, DRY PLACE.
• KEEP OUT OF REACH OF CHILDREN.

SUGGESTED USE:

As a dietary supplement, take two capsules two times per day with water.

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 75

Amount Per Serving	% Daily Value	
Calcium	300 mg	23%
(from calcium citrate)		
Magnesium	150 mg	36%
(from magnesium oxide)		

Other ingredients: Gelatin, microcrystalline cellulose (plant fiber), medium-chain triglycerides oil (palm), aspartic acid, magnesium stearate.

DISTRIBUTED BY **SWANSON HEALTH PRODUCTS**

Fargo, ND 58104 USA

TO REORDER, CALL TOLL FREE **1-800-437-4148**

or visit our website at www.swansonvitamins.com



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