

DIRECTIONS: Blend, shake, or briskly stir 2 level scoops (58 g) into 10-12 ounces chilled, pure water (or mix amount for desired thickness) and consume once daily, or use as directed by your healthcare practitioner.

Consult your healthcare practitioner prior to use. Individuals taking medication should discuss potential interactions with their healthcare practitioner. Do not use if tamper seal is damaged.

Optimal Detox is a comprehensive, fructose-free, low-allergy-potential dietary supplement designed to support gastrointestinal (GI) function and balanced detoxification. It features Optimal Protein, Seeking Health's proprietary amino acid and pea/pea protein blend, AminoGen[®], to facilitate protein absorption; phytonutrients; mineral amino acid chelates; and activated B vitamins, including Quatrefolic[®] and methylcobalamin. In conjunction with a modified elimination diet, Optimal Detox addresses GI and hepatic function as well as glucanoid balance and cytokine metabolism. This formula is suitable for vegans. *

With 26 Grams of protein from our proprietary Optimal Protein per serving, Optimal Detox Supports Three Main Functions:		
Gastrointestinal* Gastric Acid (approx. 5 g) Quercetin AminoGen [®] MeadowPur [®] Preventium [®]	Hepatic Detoxification* Glycic Acid Watercress INAC Sodium Sulfate	Cytokine Balance* Curcumin Ginger Berberonoids Rutin Niacinamide

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

STORAGE: Keep closed in a cool, dry place out of reach of children.

DOES NOT CONTAIN: Wheat, gluten, yeast, soy, animal or dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, or artificial preservatives.

CAL PROP 65 WARNING: This product contains a chemical known to the State of California to cause birth defects or other reproductive harm.

For more information regarding California Proposition 65 see www.seekinghealth.com/media/Prop65.pdf.

PHYSICIAN FORMULATED



Seeking Health Optimal Detox

Detoxification Support Powder*

Vanilla

Dietary Supplement

NET WT 28.64 oz (812 g)

Supplement Facts

Serving Size: 2 Scoops (about 58 g)
Servings Per Container: About 14

Amount Per Serving	%Daily Value*	Amount Per Serving	%Daily Value*
Calories 140		Molybdenum (as THAACS [®] molybdenum glycinate chelate)	35 mg 41%
Calories from Fat 70		Sodium (naturally occurring)	490 mg 39%
Total Fat 8 g	16%	Potassium (naturally occurring)	210 mg 15%
Calculated Fat 2.5 g	5%		
Total Carbohydrate 16 g	32%	MeadowPur[®] Stabilized Flavonoid Complex	5.8 g **
Dietary Fiber 3 g	12%	Alpha-Lipoic Acid	1.25 g **
Sugars 8 g	**	Lipoic Acid	300 mg **
Protein 26 g	52%	Pomegranate Extract (Punica granatum) (fruit) 40% ellagic acid	400 mg **
Vitamin A (as natural beta-carotene)	2800 IU 56%	Isotonic Ascorbic Acid (trimethylglycine)	250 mg **
Vitamin C (as sodium ascorbate)	250 mg 417%	Lipase-Bioflavonoid Complex (Citrus + Biotin)	350 mg **
Vitamin E (as Trolox 100)	15 mg 100%	(fruit peel) 95% bioflavonoids	
Flavonoids (as flavanols 1-glycoside sodium)	5 mg 204%	Quercetin	350 mg **
Niacin (as niacinamide and niacin)	40 mg 200%	(as quercetin dihydrate from Dimorphandia mollis) (fruit)	
Vitamin B6 (as pyridoxal 5'-phosphate)	5 mg 250%	Preventium [®] (potassium d-glucuronate)	250 mg **
Folate (as Quatrefolic [®] (5R)-5-methyltetrahydrofolate acid, glucosamine salt)	200 mcg 50%	Rutin (from Sophora japonica) (fruit)	300 mg **
Vitamin B12 (as methylcobalamin)	50 mcg 833%	Turmeric Extract (Curcuma longa) (rhizome)	300 mg **
Biotin	150 mcg 50%	(95% curcuminoids)	
Pantothenic Acid (as D-calcium pantothenate)	35 mg 350%	N-Acetyl-L-Cysteine	150 mg **
Calcium (as DimaCal [®] D-calcium malate and ingredients with naturally occurring calcium)	240 mg 24%	Ginger (Zingiber officinale) (rhizome)	150 mg **
Iron (naturally occurring)	7 mg 58%	Methylsulfonylmethane (MSM)	120 mg **
Iodine (as potassium iodide)	60 mcg 40%	Choline (as choline bitartrate)	100 mg **
Magnesium (as Amino [®] D-magnesium malate)	140 mg 35%	Sodium Sulfate Anhydrous	100 mg **
Zinc (as THAACS [®] zinc bisglycinate chelate)	10 mg 83%	Watercress (Nasturtium officinale) (leaf)	100 mg **
Selenium (as Amino [®] selenium glycinate complex)	100 mcg 143%	Green Tea Aqueous Extract (Camellia sinensis) (leaf)	60 mg **
Manganese (as THAACS [®] manganese bisglycinate chelate)	5 mg 100%	(80% polyphenols, 80% catechins, 30% EGCG, 6% caffeine)	
Chromium (as THAACS [®] chromium nicotinate glycinate chelate)	50 mcg 50%		

Other Ingredients: Optimal Protein (Seeking Health's proprietary blend of pea protein concentrate, pea protein isolate, leucine, glycine, rice protein concentrate, and L-glutamine), dried cane syrup, sunflower oil, natural flavors (no MSG), medium-chain triglyceride oil, lipopolysaccharide, cellulose gum, xanthan gum, AminoGen[®], stevia leaf extract, guar gum, and silica.

Preventium[®] is a registered trademark of Applied Food Sciences, LLC. (US patents 4,845,123, 5,364,844, 5,349,180).



Amino, DimaCal, THAACS and the Amino Medallion design are registered trademarks of Amino Laboratories, Inc. Malates covered by US patent 6,708,904.

Typical Amino Acid Profile Per Serving

Alanine	1,120 mg
Arginine	2,260 mg
Aspartic Acid	3,640 mg
Cysteine	240 mg
Glutamic Acid	4,450 mg
Glycine	1,570 mg
Histidine	650 mg
Isoleucine	1,214 mg
Leucine	2,200 mg
Lysine	1,810 mg
Methionine	270 mg
Phenylalanine	1,430 mg
Proline	1,140 mg
Serine	1,400 mg
Threonine	980 mg
Tyrosine	900 mg
Tryptophan	250 mg
Tyrosine	1,000 mg
Valine	1,217 mg



AminoCal[®] is a registered trademark of Amino Laboratories. AminoCal[®] is produced under U.S. patent 5,367,402.



Quatrefolic[®] is a registered trademark of Genos S.p.A. Produced under US Patent 7,947,942.

Manufactured in a GMP compliant facility.

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