



DIRECTIONS: Blend, shake, or briskly stir 2 level scoops (52 g) into 10-12 ounces chilled, pure water (or mix amount for desired thickness) and consume once daily, or use as directed by your healthcare practitioner.

Consult your healthcare practitioner prior to use. Individuals taking medication should discuss potential interactions with their healthcare practitioner. Do not use if tamper seal is damaged.

Optimal Detox is a comprehensive, fructose-free, low-allergy-potential dietary supplement designed to support gastrointestinal (GI) function and balanced detoxification. It features Optimal Protein, Seeking Health's proprietary amino acid and peach protein blend, Aminogen[®], to facilitate protein absorption; phytonutrients; mineral amino acid chelates; and activated B vitamins, including Quatrefolic[®] and methylcobalamin. In conjunction with a modified elimination diet, Optimal Detox addresses GI and hepatic function as well as eczema balance and cytokine metabolism. This formula is suitable for vegans. *

With 26 Grams of protein from our proprietary Optimal Protein per serving, Optimal Detox Supports Three Main Functions:		
Gastrointestinal* Glutamic Acid (approx. 5 g) Quercetin Aminogen [®] MeadowPur [®] Preventium [®]	Hepatic/Detoxification* Ellagic Acid Watercress NAC Sodium Sulfate	Cytokine Balance* Curcumin Ginger Bioflavonoids Futin Niacinamide

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

STORAGE: Keep closed in a cool, dry place out of reach of children.

DOES NOT CONTAIN: Wheat, gluten, yeast, soy, animal or dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, or artificial preservatives.

CAL. PROP 65 WARNING: This product contains a chemical known to the State of California to cause birth defects or other reproductive harm.

For more information regarding California Proposition 65 see

www.seekinghealth.com/media/Prop65.pdf.

PHYSICIAN FORMULATED



Seeking Health Optimal Detox

Detoxification Support Powder*

Chocolate

Dietary Supplement

NET WT 30.62 oz (868 g)

Supplement Facts

Serving Size: 2 Scoops (about 52 g)
Servings Per Container: About 14

Amount Per Serving	%Daily Value*	Amount Per Serving	%Daily Value*
Calories 240		Molybdenum (as THAACS [®] molybdenum glycinate chelate)	35 mcg 47%
Calories from Fat 80		Sodium (naturally occurring)	500 mg 21%
Total Fat 4 g	8%	Potassium (naturally occurring)	100 mg 10%
Saturated Fat 2.3 g	13%		
Total Carbohydrate 18 g	6%	MeadowPur [®] Stabilized Flaxseed Complex	5.8 g **
Dietary Fiber 6 g	24%	Alpha-Lipoic Acid	1.28 g **
Sugars 5 g	10%	Lipoic Acid	200 mg **
Protein 26 g	52%	Pyrroglutamate (Echin) (Purified granular/food-grade l-glutamic acid)	400 mg **
Vitamin A (as natural beta-carotene)	2500 IU 50%	Betaine Anhydrous (trimethylglycine)	250 mg **
Vitamin C (as sodium ascorbate)	250 mg 417%	Lemon Bioflavonoid Complex (Citrus + Lemon)	250 mg **
Thiamin (as thiamine HCl)	15 mg 1000%	(fruit peel) 25% (bioflavonoids)	
Riboflavin (as riboflavin 5'-phosphate sodium)	5 mg 250%	Quercetin	250 mg **
Niacin (as niacinamide and niacin)	40 mg 200%	(as quercetin dihydrate from Dimethylumido malic acid)	
Vitamin B6 (as pyridoxal 5'-phosphate)	5 mg 250%	Preventium [®] (potassium-D-glucuronate)	250 mg **
Folate (as Quatrefolic [®] (5S)-5-methyltetrahydrofolate acid, glucosamine salt)	300 mcg 50%	Biotin (from Sophora japonica root)	250 mg **
Vitamin B12 (as methylcobalamin)	50 mcg 1000%	Turmeric Extract (Curcuma longa rhizome)	200 mg **
Biotin	150 mcg 50%	(95% curcuminoids)	
Pantothenic Acid (as D-calcium pantothenate)	35 mg 250%	N-Acetyl-L-Cysteine	150 mg **
Calcium (as DimaCal [®] D-calcium malate and ingredients with naturally occurring calcium)	350 mg 35%	Ginger (Zingiber officinale rhizome)	150 mg **
Iron (naturally occurring)	8 mg 44%	Methylsulfonylmethane (MSM)	120 mg **
Iodine (as potassium iodide)	60 mcg 40%	Choline (as choline bitartrate)	100 mg **
Magnesium (as Aibon [®] D-magnesium malate)	140 mg 35%	Sodium Sulfate Anhydrous	100 mg **
Zinc (as THAACS [®] zinc bisglycinate chelate)	10 mg 67%	Walrus Gel (NatuGel [®] polydextrose)	100 mg **
Selenium (as Aibon [®] selenium glycinate complex)	100 mcg 143%	Green Tea Agarose Extract (Camellia sinensis leaf)	80 mg **
Manganese (as THAACS [®] manganese bisglycinate chelate)	7 mg 100%	(80% polyphenols, 80% catechins, 30% EGCG, 6% caffeine)	
Chromium (as THAACS [®] chromium nicotinate glycinate chelate)	60 mcg 50%		

Other Ingredients: Optimal Protein (Seeking Health's proprietary blend of pea protein concentrate, pea protein isolate, taurine, glycine, rice protein concentrate, and L-glutamine), dried cane syrup, cocoa powder, natural flavors (no MSG), sweetener oil, medium-chain triglyceride oil, tripotassium citrate, cellulose gum, xanthan gum, Aminogen[®], stevia leaf extract, guar gum, and salts.

Preventium[®] is a registered trademark of Applied Food Sciences, LLC. (US patents 4,845,123; 5,364,844; 5,359,150).



Aibon, DimaCal, THAACS and the Aibon Medallion design are registered trademarks of Aibon Laboratories, Inc. Manufactured by US patent 5,706,964.

Typical Amino Acid Profile Per Serving:

Alanine	1,129 mg
Arginine	2,360 mg
Aspartic Acid	3,048 mg
Cysteine	388 mg
Glutamic Acid	4,450 mg
Glycine	1,879 mg
Histidine	652 mg
Isoleucine	1,214 mg
Leucine	2,308 mg
Lysine	1,918 mg
Methionine	379 mg
Phenylalanine	1,402 mg
Proline	1,141 mg
Serine	1,404 mg
Threonine	981 mg
Taurine	908 mg
Tryptophan	258 mg
Tyrosine	1,006 mg
Valine	1,317 mg



AMINOGEN[®] is a registered trademark of Truax Industries. AMINOGEN[®] is protected under U.S. patent 5,367,425.



Quatrefolic[®] is a registered trademark of Swiss S.p.A. Produced under US Patent 7,547,862.

Manufactured in a GMP compliant facility.

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