

**SUGGESTED USE:** For adrenal support, take 3 capsules after breakfast or as directed by your healthcare practitioner.<sup>1</sup>

Children and pregnant or lactating women should consult their healthcare practitioner prior to use. Do not use if tamper seal is damaged.

**CAL PROP 65 WARNING:** This product contains a chemical known to the State of California to cause birth defects or other reproductive harm.

For more information regarding California Proposition 65 see:  
[www.seekinghealth.com/media/Prop65.pdf](http://www.seekinghealth.com/media/Prop65.pdf)

**STORAGE:** Keep closed in a cool, dry place out of reach by children.

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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PHYSICIAN FORMULATED



Seeking Health®

Optimal Adrenal

Dietary Supplement

90 VEGETARIAN CAPSULES

## Supplement Facts

Serving Size: 3 Capsules  
Servings Per Container: 30

|                                                                                          | Amount Per Serving | %DV    |
|------------------------------------------------------------------------------------------|--------------------|--------|
| Vitamin C (ascorbic acid)                                                                | 100 mg             | 167%   |
| Pantothenic Acid (as d-calcium pantothenate)                                             | 100 mg             | 1,000% |
| Zinc (as TRAACS® Zinc Bisglycinate Chelate)                                              | 15 mg              | 100%   |
| Ashwagandha Extract ( <i>Withania somnifera</i> )(root)(5% withanolides)                 | 150 mg             | *      |
| Shilajit Extract ( <i>Asphaltum punjabium</i> )(mineral extract)(50% fulvic acid)        | 150 mg             | *      |
| Schisandra Extract ( <i>Schisandra chinensis</i> )(fruit)                                | 100 mg             | *      |
| Cordyceps Extract ( <i>Cordyceps sinensis</i> )(mycelium)(7% cordycepic acids)           | 100 mg             | *      |
| Rhodiola Extract ( <i>Rhodiola rosea</i> )(root)(3% rosavins and 1% salidroside)         | 100 mg             | *      |
| Rosemary Extract ( <i>Rosmarinus officinalis</i> )(leaf)(5% rosmarinic acid)             | 100 mg             | *      |
| Siberian Ginseng Extract ( <i>Eleutherococcus senticosus</i> )(root)(0.8% eleutheroside) | 100 mg             | *      |
| American Ginseng Extract ( <i>Panax quinquefolius</i> )(root and leaf)(15% ginsenosides) | 100 mg             | *      |
| Deglycyrrhized Licorice Extract ( <i>Glycyrrhiza glabra</i> )(root)                      | 100 mg             | *      |
| Coleus Forskohlii Extract ( <i>Coleus forskohlii</i> )(root)(10% forskolin)              | 100 mg             | *      |
| Ginger ( <i>Zingiber officinale</i> )(rhizomes)                                          | 5 mg               | *      |

\* % DV (Daily Value) Not Established.

**Other Ingredients:** HPMC (capsule), ascorbyl palmitate, silica, and medium-chain triglyceride oil.

**DOES NOT CONTAIN:** Gluten, milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy, artificial flavors, or artificial colors.

Optimal Adrenal Meets or Exceeds cGMP Quality Standards.

REV. 061016  
ZCL-SKGHEALTH-ADRENAL-03  
This package is completely recyclable ♻️