



# Vitamin C with Rose Hips

Vitamin Supplement



100 capsules • 500 mg

• DO NOT USE IF SEAL IS BROKEN. • STORE IN A COOL, DRY PLACE.  
• KEEP OUT OF REACH OF CHILDREN.

## SUGGESTED USE:

As a dietary supplement, take one capsule one to two times per day with food and water.

## Supplement Facts

Serving Size 1 Capsule

| Amount Per Serving                                              | % Daily Value |
|-----------------------------------------------------------------|---------------|
| Vitamin C (as ascorbic acid)                                    | 500 mg 556%   |
| Rose Hips 4:1 Extract<br>(equivalent to 50 mg rose hips powder) | 12.5 mg *     |

\*Daily Value not established.

Other ingredients: Gelatin, rice flour, magnesium stearate.

DISTRIBUTED BY **SWANSON HEALTH PRODUCTS**  
 Fargo, ND 58104 USA  
 TO REORDER, CALL TOLL FREE **1-800-437-4148**  
 or visit our website at [www.swansonvitamins.com](http://www.swansonvitamins.com)



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