

REQUIRED FOR
DAILY DOSE
INGREDIENTS
RECOMMENDED STACKS
SELECTED SOURCES
PRODUCT REVIEWS
BUY NOW



required for

- All competitive strength & power athletes
- High-intensity training
- Athletes who use supplements
- Athletes who want maximum performance

daily dose

1 pack per day during the off-season for maintenance, 2 packs during a pre-contest diet or when training is unusually intense.

recommended stacks

As the "foundational" supplement, Animal Pak should be a part of every bodybuilder's regimen. Every Animal supplement has been designed to work together, creating a unique, powerful, and comprehensive nutritional system. Animal Pak is your starting point.

One other reason to take Animal Pak daily: drug-induced nutrient depletion. Pharmaceutical drug use can lead to vitamin and mineral deficiencies. Relying on "science" or "gear" to get you huge can obviously exacerbate this problem. Even common pharmaceuticals and OTC's such as aspirin, ibuprofen, antidepressants, and cholesterol-lowering drugs can deplete your body of folic acid, iron, potassium, and important vitamins. If you use drugs of any kind, this is another reason to supplement with Animal Pak.

With Animal Pak, you get plenty of everything you need. And a few extras. Animal Pak features performance optimizers such as pyridoxine alpha-ketoglutarate (PAK), carnitine, lipotropics, L-arginine, alpha lipoic acid, eleuthero, and the like. In every pack, you get a vast arsenal of over 60 key ingredients that are delivered in the right amounts at the right time, every time. Each of the 11 tablets included in each pak has been specifically formulated to deliver the goods.

Consider the Animal Pak as the cast iron skillet of your supplement program, your body's first line of defense. If you train with weights, then you absolutely need to train with the Animal Pak. Remember, while most supplements have come and gone, precious few have stood the test of time. When you're ready for the best, step up to the most trusted name in serious bodybuilding nutrition: Animal Pak. What IFBB pros and Mr. Olympia competitors have used since '83.

Supplement Facts

Serving Size 2 Packs

Amount Per Serving	%DV	
Calories	40	
Total Carbohydrates	5g <2%	
Dietary Fiber	2g 8%	
Protein	5g 10%	
Vitamin A (as carotenoids, 9800IU)	198%	Glutamine 174mg **
(β -carotene, α -carotene), acetate)		Glycine 180mg **
Vitamin C (as ascorbic acid, ascorbyl palmitate)	1g 1667%	Histidine 92mg **
Vitamin D (as cholecalciferol)	680IU 170%	Isoleucine (BCAA/EAA) 284mg **
Vitamin E (as d- α , d- β , d- γ , d- δ tocopherols & tocotrienols)	800IU 1000%	Leucine (BCAA/EAA) 509mg **
Thiamin (as mononitrate)	76mg 5067%	Lysine (EAA) 418mg **
Riboflavin	76mg 4471%	Methionine (EAA) 125mg **
Niacin (as niacinamide)	82mg 410%	Phenylalanine (EAA) 192mg **
Vitamin B ₆ (as pyridoxine AKG, pyridoxine HCl)	180mg 9000%	Proline 203mg **
Folic Acid	400mcg 100%	Serine 250mg **
Vitamin B12 (cyanocobalamin, methylcobalamin)	50mcg 833%	Threonine (EAA) 283mg **
Biotin	300mcg 100%	Tryptophan (EAA) 81mg **
Pantothenic Acid	76mg 760%	Tyrosine 164mg **
Calcium	2g 200%	Valine (BCAA/EAA) 289mg **
Phosphorus	1330mg 133%	
Iodine (as potassium iodide)	150mcg 100%	Performance Complex
Magnesium (as oxide)	400mg 100%	Uni-Liver™ 4080mg **
Zinc (as oxide)	30mg 200%	Carnitine 25mg **
Selenium (as sodium selenite)	50mcg 71%	Choline Bitartrate 250mg **
Copper (as sulfate)	600mcg 30%	Eleuthero (root) 1750mg **
Manganese (as sulfate)	5mg 250%	Hawthorne (berry) 250mg **
Chromium (as chloride)	60mcg 50%	Inositol 125mg **
Potassium (as sulfate)	200mg 6%	Milk Thistle (seed) 500mg **
		Oriental Ginseng (root) 250mg **
		Para-Aminobenzoic Acid 400mg **
		Pyridoxine α -Ketoglutarate 200mg **
		Antioxidant Complex
		Alpha Lipoic Acid (ALA) 100mg **
		Citrus Bioflavonoids (peel) 1000mg **
		Coenzyme Q10 (CoQ10) 5mg **
		Grapeseed Extract 50mg **
		Lutein 1mg **
		Lycopene 1mg **
		Pine Bark Extract 200mg **
		Digestive Enzyme Complex
		Bromelain 100mg **
		Inulin 250mg **
		Lipase 10mg **
		Papain 64mg **
		VegPeptase 2000™ 64mg **

* Percent Daily Values are based on a 2,000 calorie diet. ** Daily Value (DV) not established.

OTHER INGREDIENTS: Dicalcium phosphate, whey protein concentrate (milk), microcrystalline cellulose, glucose polymers, arginine α -ketoglutarate, dessicated Argentine liver (bovine), stearic acid, magnesium stearate, calcium carbonate, silicon dioxide, d-calcium pantothenate, aspergillus niger, bacillus subtilis, lecithin (soy), carnitine fumarate, calcium citrate, kelp, alfalfa, rose hips, rice bran, parsley, burdock, pharmaceutical glaze. Made in a GMP facility on equipment that processes milk, soy, egg, peanuts, tree nuts, fish, shellfish, and wheat.

INGREDIENT NOTES: VegPeptase 2000™ is an acid stable protease enzyme blend derived from the fermentation of non-GMO, nature-identical strains of Aspergillus niger and Bacillus subtilis.

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