

SUGGESTED USE: Take 1 capsule daily with or without food or as directed by your healthcare professional.

Children and pregnant or lactating women should consult their healthcare practitioner prior to use. Do not use if tamper seal is damaged.

STORAGE: Keep closed in a cool, dry place out of reach by children.

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Bellingham, WA 98225
(800) 547-9812



P H Y S I C I A N F O R M U L A T E D



Seeking Health®

Magnesium Plus

Dietary Supplement

100 VEGETARIAN CAPSULES

Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 100

	Amount Per Serving	%Daily Value
Vitamin B6 (as pyridoxal 5'-phosphate)	30 mg	1,765%
Magnesium (as Albion® DiMagnesium Malate and TRAACS® Magnesium Lysinate Glycinate Chelate)	125 mg	30%

Other Ingredients: HPMC (capsule), ascorbyl palmitate, medium-chain triglyceride oil, L-leucine, and silica.

DOES NOT CONTAIN: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, artificial colors, or artificial flavors.

Magnesium Plus Meets or Exceeds cGMP Quality Standards.

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