



OAT

Avena sativa



Support for
Stress and Nervous
System*

2 fl. oz. (60 mL)

HERBAL SUPPLEMENT

HERBALIST
H&A
ALCHEMIST



Suggested use: 60-100 drops
(3-5 mL) in juice or water.
Take 4 times per day.
Shake well before using.

KEEP OUT OF CHILDREN'S REACH

Supplement Facts

Serving size 100 drops (5 mL)
Servings per container 12

Amount Per Serving

Fresh Oat milky seed ♦
extract 5 mL†

† Daily value not established.

Other ingredients: Distilled water,
ethyl alcohol ♦.

Botanical Preparation Ratio 1:2.5
♦ Certified Organic

*This statement has not been
evaluated by the FDA. This product
is not intended to diagnose, treat,
cure or prevent any disease.

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Best By: 06/21



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