

STINGING NETTLE SEED

Urtica dioica

Supports
Kidney Health*

2 fl. oz. (60 mL)
HERBAL SUPPLEMENT

HERBALIST
H&A
ALCHEMIST

Suggested use: 30-40 drops
(1.5-2 mL) in juice or water.
Take 4 times per day. Shake
well before using.

Supplement Facts

Serving size 40 drops (2 mL)
Servings per container 30

Amount Per Serving

Dried Stinging Nettle seed ♦
extract 2 mL†

† Daily value not established.

Other ingredients: Distilled water,
ethyl alcohol ♦.

Botanical Preparation Ratio 1:5
♦ Certified Organic

KEEP OUT OF CHILDREN'S REACH

*This statement has not been
evaluated by the FDA. This product
is not intended to diagnose, treat,
cure or prevent any disease.

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Best By: 01/22



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