SUGGESTED USE: 1 scoop daily mixed with food or beverage, or as directed by your health care professional.

Do not use if shrinkwrap is broken or missing. Store in a cool, dry place (59°F-85°F) away from direct light with cap tightly closed. Keep out of reach of children.

This product was made in a GMP and ISO 9001:2008 registered facility.

Find Other Effective Health Products At:
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PHYSICIAN FORMULATED

Seeking Health®

Magnesium Glycinate Powder

200 mg

Dietary Supplement

NET WT. 10.58 OZ. (300 GRAMS)

Supplement Facts

Serving Size 1 Scoop (Approx. 2.5 g)
Servings Per Container 120

Amount Per Scoop		% Daily Value
Magnesium (as TRAACS® magnesium bisglycinate chelate*)	200 mg	50%

Other ingredients: Citric acid and silicon dioxide.

*Albion® Laboratories

DOES NOT CONTAIN: milk/casein, eggs, fish, shellfish, tree nuts, peanuts, wheat/gluten, corn, yeast, and soybeans. Contains no artificial colors, flavors, or preservatives.