

SUGGESTED USE: Take 1 capsule daily with or without food, or as directed by your healthcare practitioner.

Children and pregnant or lactating women should consult their healthcare practitioner prior to use. Do not use if tamper seal is damaged.

STORAGE: Keep closed in a cool, dry place out of reach by children.

Find Other Effective Health Products At
www.seekinghealth.com

Manufactured for and Distributed by:
Seeking Health
3140 Mercer Ave
Bellingham, WA 98225
(800) 547-9812



P H Y S I C I A N F O R M U L A T E D



Seeking Health®

Lithium Orotate

5 mg

Dietary Supplement

100 VEGETARIAN CAPSULES

Supplement Facts

Serving Size: 1 Capsule
Servings Per Container: 100

	Amount Per Serving	%DV
Lithium (as lithium orotate)	5 mg	*

* % DV (Daily Value) Not Established.

Other Ingredients: Microcrystalline cellulose, HPMC (capsule), ascorbyl palmitate, L-Leucine, and silica.

DOES NOT CONTAIN: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, animal or dairy products, GMO, gluten, artificial colors, or artificial sweeteners.

Lithium Orotate Meets or Exceeds cGMP Quality Standards.

REV. 060316
ZCL-SKGHEALTH-LITHO-01

This package is completely recyclable ♻️